

APWA Report for the Month of January 2025

Outline for the Activities

- 1) Participation in Kitchen Queen Competition at Ramada**
- 2) Participated in an Exhibition in ISP**
- 3) Empower Her Festival at Kinnaird College Lahore**
- 4) APWA Mobile Dispensary**

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Kitchen Queen Competition	18 Jan 2025	400	8 hours
2	Exhibition at ISP	24 Jan 2025	800	8hours
3	Empower Her Festival at Kinnaird Lhr	16 Jan 2025	100	8 hours
4	APWA Mobile Dispensary	Each Friday	1000 plus	6 hours

Participation in Kitchen Queen Competition at Ramada

APWA Multan participated in the Kitchen Queen Competition held at Ramada, an exciting event where home chefs gathered to showcase their culinary skills. Among the talented participants, Laila from APWA proudly represented the organization by preparing a selection of delicious traditional desi dishes. Her menu included the comforting and flavorful Saag with Makai ki Roti, aromatic Curry Chawal, soft and crispy Doli Roti, and sweet Meethi Tikkian. Each dish was carefully prepared with love and attention to detail, capturing the authentic flavors of traditional home-cooked meals. The attendees at the event were delighted by the rich tastes and textures of Laila's creations, and her dishes were widely praised by everyone present. Her contribution not only highlighted her culinary expertise but also brought the essence of desi cuisine to the forefront of the competition.



Participation of APWA Handicraft in Exhibition at ISP

APWA Multan took part in an exhibition hosted by ISP University, where they had the opportunity to display a wide range of their exquisite handicraft products. The exhibition featured a variety of handcrafted items, including elegant dining sets, beautifully designed trolley sets, cozy cushion sets, and vibrant Tote bags, among other unique pieces. Each product was meticulously crafted and drew admiration from the students, faculty, and guests who attended. The visitors were particularly impressed by the intricate craftsmanship and creativity behind the items, reflecting the skill and dedication of APWA Multan in preserving and promoting traditional handicrafts. The event not only showcased the talent of APWA Multan but also allowed the attendees to appreciate the beauty and cultural significance of these handmade creations.



Empower Her Festival at Kinnaird College Lahore

An exhibition was organized at Kinnaird College titled “Empower Her”, showcasing a variety of handicrafts by APWA (All Pakistan Women's Association). The event attracted a large number of students from Kinnaird College, who were deeply impressed by the intricate and beautifully crafted items on display. The students showed a keen interest in the products, and many of them eagerly purchased as many pieces as they could afford. The quality and uniqueness of the handicrafts caught the attention of everyone who visited the stall, and the exhibition received widespread admiration and praise from the college community. The stall was not only appreciated for its artistic value but also for supporting a noble cause, and it was considered a huge success by all who attended.



WOW Festival at Alhamra Arts Council Lahore

APWA (All Pakistan Women's Association) actively participated in WOW 2025, a dynamic event held at the renowned Alhamra Arts Council in Lahore. The weekend-long celebration was dedicated to showcasing the brilliance, strength, and resilience of women from all walks of life. The event was designed to empower and highlight the achievements of women, featuring a series of exhibitions, workshops, and thought-provoking discussions that resonated with attendees.

Women entrepreneurs from across the country gathered to present their products and services, offering a diverse range of goods, including handcrafted items, fashion, accessories, and home décor. Their stalls were vibrant, each one telling the story of their creativity, determination, and entrepreneurial spirit. Visitors had the opportunity to engage with these entrepreneurs, learning about the inspiration behind their products and the challenges they have overcome.

In addition to the exhibitions, WOW 2025 hosted a series of workshops focused on personal and professional growth. These workshops were carefully curated to address various aspects of women's empowerment, offering valuable insights on topics such as leadership, financial independence, mental health, and creative entrepreneurship. The sessions were not only informative but also served as platforms for women to share their experiences, ideas, and aspirations.

The event was a powerful celebration of women's achievements, a weekend filled with inspiration, motivation, and the collective energy of women supporting women. It emphasized the importance of creating spaces where women can come together to inspire, learn, and grow. APWA's involvement in WOW 2025 further reinforced their commitment to empowering

women and promoting their contributions to society in all spheres. The event was a resounding success, leaving participants feeling more empowered and connected than ever before.



APWA Report for the Month of February 2025

Outline for the Activities

- 1) WOW at Alhamra Arts Council Lahore**
- 2) Ehd-e-Baharan**
- 3) Exhibition at Khanewal Expo**
- 4) Femitech Eid Shopping Festival**
- 5) Exhibition at Ladies Club**
- 6) Women's Day at Ramada**
- 7) APWA Mobile Dispensary**

S.no	Name of Event	Date	Students/ Attendees	Duration
1	WOW 2025 at Alhamra Lahore	1 Feb 2025	1000	8 hours
2	Ehd-e-Baharan	8-9 Feb	100	16 hours
3	Exhibition at Khanewal	9 Feb	100	8 hours
4	Femitech Eid Shopping Festival	16 – 17 Feb	200	16 hours
5	Exhibition at Ladies Club	22 and 23 Feb	200	4 hours
6	Women's Day at Ramada	23 Feb 2025	500	8 hours
7	APWA Mobile Dispensary	Each Friday	1000 plus	6 hours

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Ehde-e-Baharan

APWA participated in an exhibition titled *Ehd-e-Baharan* held at Multan Cantt with the primary aim of supporting women entrepreneurs and promoting their small businesses. The event was organized to provide a platform for these talented women to showcase their handmade products, crafts, and unique items, giving them the opportunity to expand their reach and gain exposure for their businesses. The exhibition was strategically scheduled just before Eid, attracting a large number of people who were eager to do their festive shopping. Visitors were able to explore a wide range of products, including clothing, jewelry, home décor, accessories, and much more, all made by local women entrepreneurs.

The atmosphere was vibrant and festive, with shoppers enthusiastic about finding special, one-of-a-kind items for Eid celebrations. The exhibition not only provided an excellent shopping experience but also helped raise awareness about the importance of supporting women in business. The event was a huge success, drawing a crowd from all around the area, and it significantly boosted the visibility of these small businesses, providing a much-needed economic boost to the women entrepreneurs involved.



Exhibition at Khanewal Expo

APWA (All Pakistan Women's Association) participated in the Khanewal Expo, an event organized with the singular goal of empowering and promoting women entrepreneurs from smaller cities, giving them a platform to rise and shine. The exhibition aimed to highlight the exceptional talent and creativity of women who are running small businesses, offering them an opportunity to showcase their products to a larger audience.

Throughout the event, APWA members and other women entrepreneurs exhibited their unique products with great enthusiasm and pride. The stall displays were vibrant and filled with a diverse range of items, including handmade crafts, traditional clothing, jewelry, home décor, and other locally crafted goods.



Femitech Eid Shopping Festival

APWA participated in Femitech Eid Shopping Festival an exhibition held at Wapda Town Phase 2 with the primary aim of supporting women entrepreneurs and promoting their small businesses. The event was organized by Seerat Fatima to provide a platform for these talented women to showcase their handmade products, crafts, and unique items, giving them the opportunity to expand their reach and gain exposure for their businesses. The exhibition was strategically scheduled just before Eid, attracting a large number of people who were eager to do their festive shopping. Visitors were able to explore a wide range of products, including clothing, jewelry, home décor, accessories, and much more, all made by local women entrepreneurs.

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Exhibition at Ladies Club

APWA Multan took part in an exhibition hosted by WCCIM at Ladies club Multan, where they had the opportunity to display a wide range of their exquisite handicraft products. The exhibition featured a variety of handcrafted items, including elegant dining sets, beautifully designed trolley sets, cozy cushion sets, and vibrant Tote bags, among other unique pieces. Each product was meticulously crafted and drew admiration from the students, faculty, and guests who attended. The visitors were particularly impressed by the intricate craftsmanship and creativity behind the items, reflecting the skill and dedication of APWA Multan in preserving and promoting traditional handicrafts. The event not only showcased the talent of APWA Multan but also allowed the attendees to appreciate the beauty and cultural significance of these handmade creations, roti baskets, goblet covers, and teacosy sets etc.



Women's Day at Ramada

APWA Multan took part in an exhibition on Women's Day, hosted by Ramada, where they had the opportunity to display a wide range of their exquisite handicraft products. The exhibition featured a variety of handcrafted items, including elegant dining sets, beautifully designed trolley sets, cozy cushion sets, and vibrant Tote bags, among other unique pieces. Each product was meticulously crafted and drew admiration from the students, faculty, and guests who attended. The visitors were particularly impressed by the intricate craftsmanship and creativity behind the items, reflecting the skill and dedication of APWA Multan in preserving and promoting traditional handicrafts. The event not only showcased the talent of APWA Multan but also allowed the attendees to appreciate the beauty and cultural significance of these handmade Creations.



APWA Report for the Month of March 2025

Outline for the Activities

- 8) DHA – APWA - MOU signing Ceremony**
- 9) Visit to Women Central Jail**
- 10) APWA Mobile Dispensary**

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Visit to Women Prisoners in Jail	15 March	7 Members	4 hours
2	DHA – APWA MOU Signing Ceremony	27 March	20	3 hours
3	APWA Mobile Dispensary			

Visit to Women Central Jail

APWA's Initiative to Support Women Prisoners

A delegation from APWA, led by Vice Chairperson Farah Faisal and executive members, met with the Deputy Inspector General (DIG) in his office to discuss potential collaborations. Following the meeting, APWA decided to extend its support to women prisoners.

Visit to Women Jail

The APWA team visited the women jail, where they:

1. Donated library books:
APWA donated books to the jail's library, promoting literacy and education among inmates.
2. Provided sports equipment:
The organization donated sports equipment, including badminton rackets and table tennis rackets, to encourage physical activity and recreation.
3. Embroidery project:
APWA decided to provide embroidery tasks to women prisoners, offering them a means to earn wages and develop skills.
4. Skill development program:
APWA's instructor, Ms. Lubna, was assigned to teach skills to women prisoners twice a week, empowering them with new abilities.

Empowering Women Prisoners

Through this initiative, APWA aims to make a positive impact on the lives of women prisoners, promoting their rehabilitation and reintegration into society.





MOU Signing Ceremnoy between APWA and DHA at DHA

On March 27, 2025, a significant ceremony was held at DHA at 11 am, marking a new era of collaboration between APWA and DHA. The highlight of the event was the signing of a Memorandum of Understanding (MOU) between the two organizations.

Key Partnership Highlights

The MOU outlines several key initiatives, including:

1. Driving Class Facilities: DHA will provide driving class facilities, complete with a car and instructor, to support APWA's skill development programs.
2. Free Auditorium Access: DHA will make its auditorium available to APWA free of cost, enabling the organization to host movie screenings, events, and other activities.
3. Landscaping and Plantation: DHA will undertake landscaping for APWA's lawn and provide plants, enhancing the aesthetic appeal of the premises.
4. Solar Provision: DHA will provide solar facilities, contributing to APWA's sustainability and energy efficiency.
5. Land Allocation: A piece of land will be allocated for a new APWA branch, paving the way for expanded services and outreach.

A New Chapter for APWA

This partnership is a testament to the shared vision of APWA and DHA, aimed at fostering community development and empowerment. The collaboration is expected to have a positive impact on the lives of individuals and communities served by APWA.



APWA Report for the Month of April 2025

Outline for the Activities

- 1) Summer Internship Sessions at different schools**
- 2) Awareness Session on Harassment**
- 3) Trip to Kashmir Park DHA 18 april**
- 4) Visit of Almarrah Foundation**
- 5) Meeting with MS Tehmina from MCB**
- 6) SME Femitech and APWA**
- 7) APWA Mobile Dispensary**

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Summer Internship Sessions at different Schools	April 1 – 30	1000plus	----
2	Awareness Session on Protection against Harassment	16 April	100	3 hours
3	Trip to Kashmir Park DHA	18 April	50	6 hours
4	Visit of Almarrah Foundation	21 April	20	3 hours
5	Meeting with Ms Tehmina Shafi MCB	29 April	20	2 hours
6	SME, Femitech and APWA	30 April	100	3-4 hours
8	APWA Mobile Dispensary			

Summer Internship Sessions at different Schools

Principal APWA embarked on an extensive outreach initiative, visiting numerous prominent schools in the city to promote three exciting summer internship programs. The schools visited included:

- Beaconhouse
- Bloomfield Hall
- Lahore Grammar School (LGS)
- Educators
- Jinnah Highs
- Pak Turk Ma'arif
- Cantt Public School
- and many others

Internship Programs

During her visits, the Principal introduced students to three

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- Bloomfield Hall
- Lahore Grammar School (LGS)
- Educators
- Jinnah Highs
- Pak Turk Ma'arif
- Cantt Public School
- and many others

Internship Programs

During her visits, the Principal introduced students to three dynamic internship programs designed to foster personal and professional growth:

1. **Fostering Health and Mind:** This program focuses on promoting physical and mental well-being, equipping students with essential life skills to maintain a healthy lifestyle.
2. **Effective Communication and Life Skills:** This program aims to enhance students' communication skills, build confidence, and develop essential life skills necessary for success.

3. **Art and Handicraft:** This program encourages creativity and self-expression, allowing students to explore their artistic side and develop practical skills in art and handicraft.

Encouraging Student Participation

To facilitate student interest and enrollment, the Principal distributed informative brochures and shared a Google link for registration. Students were motivated to secure their seats as soon as possible to take advantage of these valuable learning opportunities.

Empowering the Next Generation

Through this initiative, APWA aims to empower students with the skills, knowledge, and experiences necessary to excel in their personal and professional lives. By participating in these internship programs, students can develop their potential, build confidence, and become more effective contributors to society.





Awareness Session on Protection against Harassment

FOSPAH's Ombudsperson Harassment Workshop: Empowering Students through Awareness

On April 16, 2025, the FOSPAH Regional Office Multan organized a comprehensive Awareness Seminar on Ombudsperson Harassment, providing a valuable learning experience for students. The workshop was designed to educate participants on the crucial aspects of harassment, its prevention, and the measures that can be taken to address such incidents.

Expert Panel

The seminar featured a distinguished panel of experts, including:

1. Ms. Lubna Ali: Regional Adviser for Lahore and Multan, who brought her extensive expertise to the discussion on harassment and its prevention.
2. Mr. M. Asghar Shahid: Assistant Director of Training for South Punjab, who shared insights on the importance of training and awareness programs in combating harassment.
3. Mr. Shahzaib Iqbal: Assistant Law Officer for the Regional Office Lahore, who provided a legal perspective on harassment and the role of ombudspersons in addressing such cases.

Key Takeaways

The workshop covered a range of topics, including:

- Recognizing harassment: Understanding the different forms of harassment and its impact on individuals and organizations.
- Prevention strategies: Learning effective measures to prevent harassment and create a safe and respectful environment.
- Reporting incidents: Understanding the procedures for reporting harassment incidents and the role of ombudspersons in addressing such cases.
- Support systems: Identifying available support systems and resources for victims of harassment.

Empowering Students

The seminar provided students with a valuable opportunity to learn about harassment, its prevention, and the measures that can be taken to address such incidents. By empowering students with knowledge and awareness, the workshop aimed to create a safer and more respectful environment in educational institutions and beyond.





Trip to Kashmir Park DHA

APWA Multan's Recreational Trip: A Fun-Filled Day for Students

APWA Multan recently organized a recreational trip for its students, providing them with a wonderful opportunity to relax, socialize, and create lasting memories. The trip was a huge success, with students thoroughly enjoying themselves amidst perfect weather conditions.

Special Arrangements by DHA

The Defence Housing Authority (DHA) extended its support to APWA Multan by providing free rides and food to the students. This generous gesture added significantly to the students' enjoyment, allowing them to focus on having a great time without any worries.

Thoughtful Gestures by APWA

As a token of appreciation for the students' enthusiasm and participation, APWA treated them to ice cream on the way back. This thoughtful gesture brought smiles to the students' faces, making the trip even more special.

A Memorable Experience

The recreational trip was a memorable experience for the students, providing them with a much-needed break from their academic routine. The trip not only allowed them to have fun but also fostered camaraderie and teamwork among the students. APWA Multan's efforts to provide such experiences are truly commendable, and the students are grateful for the opportunity to enjoy themselves in a safe and supportive environment.



Visit of DIG Mehboob Aslam Lillah from Almarah Foundation

Deputy Inspector General Mehboob Aslam Lillah, together with his wife Sophyia Warraich, established the Almarah Foundation, a non-profit organization committed to supporting orphaned and vulnerable children. The foundation strives to provide these children with a stable and nurturing environment, offering them a loving family, dedicated parental care, access to quality education, and opportunities for a better future. During their visit to APWA Multan, they expressed appreciation for the organization's dedicated efforts in serving underprivileged communities, they were deeply moved and praised the organization for its heartfelt work in uplifting those in need.

Celebrating Success: Ms. Tehmina Shafi's Visit to APWA Multan

On April 29, 2025, APWA Multan had the honor of hosting Ms. Tehmina Shafi, a distinguished guest who visited the organization to acknowledge the achievements of its trainees. The visit was a special occasion, as it brought together some of APWA Multan's most successful trainees from the previous year's training session who had secured permanent jobs.

Recognizing Trainees' Achievements

The trainees, who had completed their training at APWA Multan and gone on to secure permanent employment, were invited to attend the event. During the visit, Ms. Tehmina Shafi took the time to appreciate and congratulate these individuals on their remarkable achievements. The executive members of APWA Multan also joined in extending their warm appreciation and recognition to these talented trainees.

A Testament to APWA's Impact

The visit served as a testament to the impact of APWA Multan's training programs, which aim to empower individuals, particularly women, with the skills and confidence needed to succeed in their careers. The success stories of these trainees are a shining example of the organization's commitment to fostering personal and professional growth.

Fostering a Culture of Appreciation

By recognizing and celebrating the achievements of its trainees, APWA Multan reinforces a culture of appreciation and encouragement. This approach not only motivates current trainees to strive for excellence but also inspires future generations to pursue their goals with determination and passion.





SME Femitech and APWA

Empowering Women Entrepreneurs: SME Financing Awareness Session

In line with its vision and tradition of supporting women entrepreneurs, APWA Multan organized a comprehensive SME financing awareness session in collaboration with the State Bank of Pakistan and Femitech. The session aimed to facilitate women entrepreneurs in understanding and accessing financing options tailored to their needs.

Expert Guidance

The session featured esteemed speakers who shared valuable insights on interest-free Islamic financing options. FEMITECH extends its gratitude to:

- Ms. Kiran Amjad, Assistant Director, State Bank of Pakistan
- Mr. Kashif Shahzad, SME Head, Bank of Punjab
- Mr. Mohsin Rehman, Area Head, Bank Alfalah Islamic

Collaboration and Support

The collaboration between State Bank, FEMITECH and APWA Multan demonstrates their shared commitment to promoting women-oriented activities and empowering women entrepreneurs.



APWA Report for the Month of May 2025

Outline for the Activities

- 1) Summer Internship Sessions at different schools**
- 2) Visit of Unit Head MCB Ms Tehmina Shafi**
- 3) APWA Mobile Dispensary**

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Summer Internship Sessions at different Schools	1 – 30 May	500 plus	----
2	Visit of Unit Head Ms Tehmina Shafi	4 May		3 hours
3	APWA Mobile Dispensary			

Summer Internship Sessions at different Schools

Principal's Visit to Different Forums for Internship Program Follow-up

The principal recently visited various forums to follow up on the internship program, aptly themed "The Future is hers." During these visits, she took the opportunity to brief students on the numerous advantages of participating in the program.

Key Highlights of the Program

The principal emphasized the diverse range of activities, tasks, and community services that students would be engaged in throughout the program. These include:

- **Practical Experience:** Students will gain hands-on experience in their chosen field, allowing them to apply theoretical knowledge in real-world settings.
- **Skill Development:** The program will help students develop essential skills, such as communication, teamwork, and problem-solving.
- **Community Engagement:** Students will participate in various community services, fostering a sense of social responsibility and empathy.

Benefits of the Program

The principal highlighted the benefits of the internship program, including:

- **Career Advancement:** The program will provide students with valuable work experience, making them more competitive in the job market.
- **Networking Opportunities:** Students will have the chance to build professional networks and connections in their industry.
- **Personal Growth:** The program will help students develop greater self-awareness, confidence, and independence.

By participating in the internship program, students will be well-equipped to achieve their academic and professional goals, while also making a positive impact in their communities.

Visit of Unit Head MCB Ms Tehmina Shafi

On May 4, Ms. Tehmina visited APWA and conducted an engaging workshop at MCB for executive and newly hired APWA students. The workshop focused on "Effective Professionalism," providing valuable insights and skills to the participants. The students were thrilled to meet Ms. Tehmina, and she added a special touch to the event by distributing giveaways to her interns.

Future Plans

Ms. Tehmina also announced plans for another training session, scheduled for August, aimed at further enhancing the skills of APWA students. Additionally, she promised to facilitate job acquisition opportunities for the students, underscoring her commitment to their professional development and success.

APWA Report for the Month of June 2025

Outline for the Activities

- 1) Summer Internship Sessions at different schools**
- 2) Motivational Talk by Dr Affan & Dr Nazish**
- 3) APWA Mobile Dispensary**

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Summer Internship Sessions at different Schools	1 – 30 May	500 plus	----
2	Motivational Talk by Dr Affan & Dr Nazish	4 May	200	4 hours
3	APWA Mobile Dispensary	Fridays		

Summer Internship Sessions at different Schools

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Motivational Talk by Dr Affan and Dr Nazish

Empowering Women through Awareness and Action

On June 4, 2025, the All Pakistan Women's Association (APWA) Multan organized a powerful Women's Empowerment Session in DHA Aryana. The event, themed "Movement for Change: Social Responsibility and Sense of Duty," was more than just a formal gathering. It was a beacon of hope, a catalyst for change, and a platform for the youth to voice their thoughts and aspirations.

Keynote Speakers

The session was graced by esteemed speakers, including Dr. Afaan Qaiser and Dr. Nazish Afaan Qaiser. Dr. Nazish's discussion on women's health, self-confidence, and identity shed light on often-overlooked issues, while Dr. Afaan Qaiser's address to the youth emphasized the importance of social awareness, mental health, and speaking truth.

Impact and Outcomes

The event was not just a series of speeches; it was a movement that sparked meaningful conversations and introspection among the youth. The session provided a safe space for young people, especially girls, to express themselves and be heard. The collaboration with initiatives like "Tides of Hope," "Sunbeams," and "Amnverse" underscored APWA's commitment to creating a more compassionate and empowered society.

Conclusion

The Women's Empowerment Session concluded with a renewed commitment to fostering a generation that is not only educated but also aware and proactive. The event marked a significant step towards creating a more inclusive and supportive community, where women and girls can thrive and reach their full potential.

APWA Report for the Month of July 2025

Outline for the Activities

- 1) Summer Internship Sessions 1 July till 30 July
- 2) APWA Mobile Dispensary

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Summer Internship Sessions at different Schools	1 – 30 May	32	1 Month
3	APWA Mobile Dispensary	Fridays		

Internship Details

S.no	Session	Instructors	Institute	Duration
1	Psychology – Fostering Mental Health Visit to Old Age Home	Dr Adeel Dr Asba	Spring Hospital	2 Day
2	Nutrition – Fostering Health Visit to MASH	Dr Zunaira	MASH	2 Days
3	Effective Communication – Emotional Intelligence	Maj Nawaz Ms Nazia		
4	Life Saver Program		Rescue 1122	1 Day
5	Banking Skills			
6	Artificial Intelligence			
7	Session on Peace, Justice and Strong institutions	Zohra Sajjad Zaidi	Lawyer	1 Day

8	Women Empowerment	Dr Seerat Fatima	BZU	1 Day
9	Digital Marketing, Web Development, SEO Content Writing	Arbab Ahsan	APWA	3 days
10	Community Service Teaching to MAST Students	Interns	Different	3 Days
11	Community Service Visit to Old Age Home Visit to the Orphanage Plantation	TZP Tides of Hope PHA	Spring Hosp Tides of Hope Amnverse	1 Day 1 Day 1 Day
12	Certificate Distribution Ceremony	CG Mrs Ghuman	The Ladies Club	4 hours

Mental Health Awareness Session

A comprehensive session on mental health was organized in collaboration with the doctors from Spring Hospital. The primary objective of this initiative was to educate students on the importance of maintaining good mental health, addressing mental health issues, and developing effective coping strategies.

Key Discussion Points

During the session, the doctors covered various aspects of mental health, including:

1. Recognizing signs of mental health issues: Students were informed about the common indicators of mental health problems, such as anxiety, depression, and stress.
2. Coping mechanisms: The doctors shared practical tips and strategies for managing mental health issues, including mindfulness, self-care, and seeking professional help when needed.
3. Interacting with individuals in distress: Students learned how to approach and support individuals experiencing depression, anxiety, or other mental health challenges.

4. Building resilience: The session emphasized the importance of developing resilience and stress management techniques to maintain good mental health.



Outcomes

The session aimed to empower students with the knowledge and skills necessary to prioritize their mental well-being and support their peers in need. By fostering a culture of understanding and empathy, the initiative sought to promote a positive and supportive environment.

Visit to Old Age Home

As part of their community service initiative, students visited a local old age home, where they spent quality time with the residents. The students brought gifts for the elderly, which brought

joy and smiles to their faces. Ma'am Farah Faisal and Ms. Nazia Yasir graciously arranged for food, adding to the warmth and hospitality of the visit.

Lasting Impact

The visit had a profound impact on the students, and even after the initial visit, many continued to return to the old age home, forming lasting bonds with the residents. This ongoing connection demonstrated the students' compassion and commitment to giving back to the community.



Health and Nutrition Session

A comprehensive session on health and nutrition was organized in collaboration with the doctors from MASH Mukhtar A Sheikh Hospital. The primary objective of this initiative was to educate students on the importance of maintaining good health, addressing health issues, and developing effective strategies for a balanced lifestyle.

Key Discussion Points

During the session, the doctors covered various aspects of health and nutrition, including:

1. **Importance of nutrition:** Students learned about the significance of a balanced diet and its impact on overall health.
2. **Calculating BMI and BMR:** The doctors explained how to calculate Body Mass Index (BMI) and Basal Metabolic Rate (BMR), and how these metrics can be used to inform dietary choices.
3. **Dietary planning:** Students were taught how to create personalized diet plans, taking into account individual nutritional needs and health goals.
4. **Addressing health issues:** The session covered strategies for addressing common health issues, such as managing chronic diseases through dietary modifications.

Hospital Visit

Following the session, students had the opportunity to visit MASH Mukhtar A Sheikh Hospital, where they gained insight into the hospital's operations. The visit included:

1. **Kitchen tour:** Students observed the hospital's kitchen operations, learning about food preparation and safety protocols.
2. **Cafe visit:** They also visited the hospital's cafe, where they saw firsthand the implementation of healthy food options.
3. **Impressions:** The students were impressed by the hospital's commitment to providing high-quality care and services.

Outcomes

The session and hospital visit provided students with valuable knowledge and practical insights into maintaining good health and nutrition. By understanding the importance of healthy eating and lifestyle choices, students can make informed decisions to improve their overall well-being.



Public Speaking and Emotional Intelligence Session

A two-day session was organized on public speaking, emotional intelligence, and effective communication. The session was led by Maj Nawaz Shad and Ms. Nazia, who shared valuable insights and expertise on the following key topics:

Key Takeaways

1. Building Confidence: Strategies for developing confidence in public speaking and personal interactions.
2. Emotional Intelligence: Understanding and managing emotions, empathy, and effective relationships.
3. CV Writing: Tips for crafting a compelling and effective CV.
4. Interview Preparation: Guidance on preparing for and acing job interviews.

Outcomes

The session equipped participants with essential skills for effective communication, self-expression, and professional development. By focusing on confidence, emotional intelligence, and practical skills, the session aimed to enhance participants' personal and professional growth.



Life Saver Program for APWA Interns

A comprehensive Life Saver Program was organized for interns at the All Pakistan Women's Association (APWA) as part of their internship. This program aimed to equip students with essential life-saving skills and knowledge to respond effectively in emergency situations.

Key Components

The program covered various critical topics, including:

1. **Cardiopulmonary Resuscitation (CPR):** Students learned the techniques for performing CPR, enabling them to respond to cardiac emergencies.
2. **Fire Extinguishing Techniques:** Interns were trained on how to use fire extinguishers and respond to fire-related emergencies.
3. **Emergency Response:** The program also covered general emergency response procedures, ensuring students were prepared to handle unexpected situations.

Objectives

The Life Saver Program aimed to:

1. **Enhance Safety Awareness:** Equip interns with knowledge and skills to respond to emergencies and prevent accidents.
2. **Build Confidence:** Empower students to take charge in emergency situations and provide assistance when needed.
3. **Promote Community Safety:** Foster a culture of safety and responsibility among interns, enabling them to contribute to safer communities.

Outcomes

The program successfully trained APWA interns in life-saving techniques, enhancing their ability to respond to emergencies and promoting a culture of safety and responsibility.



Corporate Banking Exposure for APWA Interns

APWA interns embarked on an educational visit to prominent banks, aiming to gain hands-on insights into the professional banking sector and understand the intricacies of the corporate world.

Comprehensive Briefing

During the visit, the interns received a detailed briefing on various aspects of banking operations, including:

- 1. Types of Accounts:** The interns learned about different types of bank accounts, such as savings, current, and deposit accounts, and their respective features.
- 2. Loan Schemes:** They gained knowledge about various loan schemes offered by banks, including personal, business, and mortgage loans, and the associated terms and conditions.
- 3. Digital Banking:** The interns were introduced to the functioning of Automated Teller Machines (ATMs) and Point of Sale (POS) machines, understanding their role in facilitating convenient and secure transactions.

Practical Learning Experience

The visit provided the interns with a valuable opportunity to bridge the gap between theoretical knowledge and practical application. By interacting with banking professionals and witnessing firsthand the operations of a corporate entity, the interns developed a deeper understanding of the banking industry and its functions.



Artificial Intelligence Session

A comprehensive session on Artificial Intelligence (AI) was conducted by M Saleem Qadeer, providing students with valuable insights into the world of AI. The session focused on empowering students to harness the potential of AI tools.

Key Takeaways

During the session, students learned about:

1. Crafting Effective Prompts: M Saleem Qadeer shared expert tips on designing precise and relevant prompts to extract accurate information from AI systems.
2. Exploring AI Options: The session covered various AI tools and features, enabling students to understand the diverse applications of AI.
3. Optimizing AI Utilization: Students gained practical knowledge on how to leverage AI to enhance their productivity, efficiency, and decision-making processes.

Practical Applications

By understanding how to work effectively with AI, students can apply this knowledge to various aspects of their academic and professional pursuits, including research, problem-solving, and innovation. The session equipped students with the skills to harness the power of AI and unlock new opportunities.



Session on Peace, Justice, and Strong Institutions

A thought-provoking session on "Peace, Justice, and Strong Institutions" was conducted by Ms. Zohra Sajjad Zaidi, a renowned lawyer and activist. The session delved into critical discussions on promoting peace, ensuring justice, and building strong institutions.

Key Discussion Points

Ms. Zaidi explored various aspects of peace, justice, and strong institutions, using real-life examples to illustrate key points. Notably, she referenced the cases of:

1. Sana Yousaf
2. Noor Muqaddam
3. Qandeel Baloch

These cases sparked meaningful conversations and reflections among the students.

Engaging Q&A Session

The session's highlight was the extensive Q&A segment, where students actively participated, asking numerous questions and engaging in thoughtful discussions. This exchange allowed students to gain valuable insights and clarification on complex issues, demonstrating their keen interest in the topic.



ملتان۔ اپوا ملتان میں امن و انصاف کے حوالہ سے منعقدہ سیشن سے فرح فیصل، زہرہ سجاذ یدی، طاہرہ نجم، عالیہ نیل
ہمز عابدہ اشفاق اور ہانیہ منصور خطاب کر رہی ہیں دوسری جانب شرکاء کا گروپ فوٹو۔



APWA organizes awareness session on peace, justice

MULTAN: APWA Multan held an awareness and training session on peace and justice. The Baluchistan incident was strongly condemned. An insightful session was organized under the auspices of All Pakistan Women Association (APWA) Multan on the topic of "Peace and Justice", in which prominent social leader and human rights activist Ms. Zohra Sajjad delivered a special lecture. The session was attended by members of the Internship Program 2022 and the top leadership of the organization. On this occasion, the murder of a woman and her husband who had entered into a marriage of choice in Baluchistan was strongly condemned and was termed as contrary to the principles of justice. Ms. Zohra Sajjad said that justice and peace are the two basic pillars of social development. It is the duty of every individual to make justice, equality and compassion a part of their daily lives so that harmony can be created in the society. Vice Chairman Ms. Farah Faisal said in her address that "The mission of our organization is to promote awareness, education and moral values among women and youth. Today's session provides a practical guide for our young generation on how to make peace and justice a part of their personality." She said that women have to play a dynamic role in establishing peace in the society. —Staff Reporter



Women Empowerment Session

A dynamic session on women empowerment was conducted by Dr. Seerat Fatima, a distinguished faculty member from Bahauddin Zakariya University (BZU). The session aimed to inspire and educate students on the significance of women empowerment and its impact on society.

Highlights

Dr. Fatima's presentation sparked engaging discussions, encouraging students to think critically about the role of women in various contexts. The session covered essential topics related to women empowerment, fostering a deeper understanding among the students.

Student Engagement

The students demonstrated a keen interest in the subject matter, actively participating in the session by posing thoughtful questions and engaging in meaningful discussions. This interaction not only enhanced their understanding of women empowerment but also encouraged them to reflect on their own roles in promoting gender equality.

Outcomes

The session successfully achieved its objective of raising awareness about women empowerment, inspiring students to become advocates for positive change in their communities. By empowering students with knowledge and insights, the session contributed to fostering a more inclusive and equitable environment.

Digital Skills Training Session

A comprehensive session was conducted by Arbab Ahsan, a computer instructor at APWA, focusing on equipping students with essential digital skills. The training covered key areas, including:

- 1. Website Development:** Students learned the fundamentals of creating a website, from design to deployment.
- 2. Search Engine Optimization (SEO):** Arbab Ahsan shared strategies for optimizing website content to improve search engine rankings.
- 3. Content Writing:** The session emphasized the importance of high-quality content and provided tips for crafting engaging, SEO-friendly content.
- 4. Monetization Strategies:** Students gained insights into leveraging their digital skills to generate income, including opportunities for earning dollars through online platforms.

Outcomes

The session empowered students with practical knowledge and skills, enabling them to navigate the digital landscape effectively. By acquiring these skills, students can enhance their employability, pursue freelance opportunities, or establish their own online ventures.



Community Services

Teaching MAST Students

The APWA interns had a blast teaching MAST students. Their favorite activities included:

- Tongue Twisters: A fun way to practice English pronunciation, like "Peter Piper picked a peck of pickled peppers" or "She sells seashells by the seashore".
- Storytelling: Engaging students in creative narratives to boost language skills and imagination.
- Picture Reading: Using images to spark discussions and comprehension.
- Synonyms and Group Discussions: Fostering vocabulary and critical thinking through interactive conversations.
- Debates: Encouraging students to express opinions and practice public speaking.

What made this experience unique was that the syllabus was student-designed, allowing learners to take ownership of their education. Both interns and MAST students thoroughly enjoyed this collaborative approach, making the learning process enjoyable and effective



Spending time in Idara e Khudi Orphanage

A group of students visited Idara e Khudi, an orphanage dedicated to providing care and support to children in need. The visit aimed to foster a sense of community and connection between students and children.

Activities and Interactions

During the visit, the students engaged in various activities with the children, including:

1. Playtime: Students played games with the kids, creating a fun and lively atmosphere.
2. Storytelling: The students shared stories with the children, promoting imagination and creativity.
3. Educational Session: An important discussion was held on good touch and bad touch, empowering the children with essential knowledge and awareness.

Gift-Giving and Lunch

The interns brought gifts and toys for the children, spreading joy and happiness.



Additionally, Ma'am Farah Faisal graciously arranged lunch boxes for everyone, ensuring a pleasant and satisfying experience.

Outcomes

The visit successfully achieved its objective of building connections and spreading joy among the children at Idara e Khudi. The students gained valuable insights into the importance of empathy, kindness, and community service, while the children benefited from the engaging activities and thoughtful gestures.

Plantation Activity: A Contribution to Sustainability

As part of its commitment to teaching students and interns the value of community service and social responsibility, APWA organized a plantation activity. The event aimed to promote environmental sustainability and raise awareness about the importance of conservation.

Planting Trees in Allama Iqbal Park

The interns participated in a tree-planting ceremony at Allama Iqbal Park, contributing to the beautification and greening of the area. This initiative not only enhanced the park's ecosystem but also underscored the significance of environmental stewardship.

Addressing Global Challenges

The plantation activity addressed the pressing issues of global warming and deforestation, which have severe consequences for Pakistan and the world. By participating in this event, the interns played a small yet notable role in mitigating these challenges and promoting a healthier environment.

Fostering Social Responsibility

Through this activity, APWA reinforced its commitment to instilling a sense of social responsibility in its students and interns. By engaging in community service and environmental conservation, the interns developed a deeper understanding of the importance of contributing to the greater good.

Certificate Distribution Ceremony

The culmination of a remarkable journey was celebrated with great enthusiasm on the final day. Students and instructors gathered at the Ladies Club for the Certificates Distribution Ceremony, graced by esteemed dignitaries, including the Chief Guest, the wife of the Core Commander.

Highlights of the Event:

1. The ceremony commenced with a solemn recitation, followed by a heartfelt Naat and the National Anthem.
2. Students shared their commendable internship experiences at APWA, showcasing their growth and accomplishments.
3. Certificates and badges were awarded to the students, acknowledging their hard work and dedication.
4. Mementos were presented to the instructors, Chief Guest, and distinguished guests as a token of appreciation.

A Celebration of Achievement:

The event was a testament to the collaborative spirit and commitment of APWA, its students, and instructors. It marked a significant milestone in the journey of the students, empowering them to pursue their goals with renewed passion and purpose.

APWA Report for the Month of August 2025

Outline for the Activities

- 1) Screening of Movie Jinnah**
- 2) 14th August Celebrations**
- 3) APWA Mobile Dispensary**

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Screening of Movie Jinnah at DHA	13 August	65	3 hours
2	14th August Celebrations	14 August	50	2 hours
3	APWA Mobile Ambulance			

Celebrating Independence Day with APWA and DHA

In commemoration of Pakistan's Independence Day on August 14th, APWA, in collaboration with DHA, organized a special event for students. The highlight of the celebration was the screening of the movie "Jinnah," which was carefully chosen to honor the nation's founding father.

A Memorable Event:

The event was met with great enthusiasm from the students, who watched the movie with rapt attention. The celebration was further enhanced by the students singing national songs and the National Anthem, both before the movie and during the interval. This patriotic fervor underscored the significance of the day and the importance of national unity and pride.



Independence Day Celebration at APWA

APWA marked Pakistan's Independence Day with a special event on its premises on August 14th. The celebration commenced with a solemn recitation, followed by a heartfelt Naat and the singing of the National Anthem.

Flag Hoisting Ceremony:

The highlight of the event was the flag hoisting ceremony, symbolizing national pride and unity. Students enthusiastically participated in the ceremony, singing national songs and the National Anthem with fervor.

A Joyous Celebration:

The event provided an opportunity for students to come together and celebrate their national identity. Through patriotic songs and festivities, the students expressed their love and pride for their country, making it a memorable day for all involved.

APWA Report for the Month of September 2025

Outline for the Activities

- 1) Digital Literacy Program**
- 2) APWA Mobile Dispensary**

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Digital Literacy Program	23-25 September	40	5 hours
2	APWA Mobile Ambulance			

Digital Literacy Program

Empowering Students through Digital Skills Workshop, APWA recently organized a comprehensive workshop aimed at equipping students with the skills necessary to leverage digital platforms for economic empowerment. The workshop focused on utilizing popular platforms such as Shopify and Fiverr to enable students to sell their products and services effectively.

Key Highlights:

1. Student Selection: 32 students were carefully selected to participate in this intensive training program.
2. Hands-on Training: Participants received in-depth training on navigating and utilizing digital platforms to showcase and sell their products.
3. Future Sessions: The workshop will conclude with two to three online sessions, further enhancing the students' skills and knowledge.
4. Certification: Upon completion of the workshop, participants will receive certificates, recognizing their proficiency in digital skills.

Objective:

The primary objective of this workshop was to empower students with the skills and confidence to become self-sufficient entrepreneurs, leveraging digital platforms to promote their products and services. By doing so, APWA aims to contribute to the economic empowerment of these students, enabling them to achieve their full potential.





APWA Report for the Month of October 2025

Outline for the Activities

- 1) Women Entrepreneurship Day Celebrations**
- 2) APWA Mobile Dispensary**

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Women Entrepreneurship Day Celebrations	16 October	60	5 hours
2	APWA Mobile Ambulance			

Women Entrepreneurship Day Celebrations

APWA Multan hosted a very small but highly successful event focused on women empowerment, featuring Ms. Kiran Amjad as the keynote speaker. She shared insights into her upcoming projects and motivated the audience with her vision. Notably, she announced that the winner of the event's competition will receive an award from the Governor of Punjab.

Event Highlights:

Event Conceptualization

APWA Multan organized a successful event focused on women empowerment.

Keynote Speaker

Ms. Kiran Amjad addressed the audience, sharing her insights on upcoming projects.

Awards

The winner will be honored by the Governor of Punjab.

Event Sponsorship

Allied Bank Limited (ABL) played a significant role in the event's success, contributing to:

Decorations

ABL handled the event decor.

High Tea

ABL provided high tea for the attendees.

Giveaways

ABL donated giveaways.

Women of Impact Awards

ABL sponsored the awards.

Lunch Boxes

ABL provided lunch boxes for students.

Wall Clocks

Wall clocks were presented to all the students present.

Future Events:

The success of this event has set a high standard, and we look forward to organizing similar events in the future.

(No expenditure by apwa)

Collaboration with partners like ABL has proven to be beneficial, and we hope to build on this momentum to empower women and create a positive impact in our community.



APWA Ambulance/ Medical Camp Report

Medical Camp Held

Duration: 6 October 2025 to 11 October 2025

Location : Shareef pura

Host : Liaquat Sb

Clientale

06/10/25 Monday 19

07/10/25 Tuesday 38

08/10/25 Wednesday 32

09/10/25 Thursday 19

10/10/25 Friday 25

11/10/25 Saturday 27

Total Patients : 160

Next Camp Planned

Host: Mrs Fariha Ashraf

Location : Central Jail For Women

Duration :* 13 October to 18 October 2025

Medical Camp Held

Duration: 13 October 2025 to 18 October 2025

Location : Central Jail For Woman

Host : Mrs Fariha Ashraf

Clientale

13/10/25 Monday 12

14/10/25 Tuesday 09

15/10/25 Wednesday 08

16/10/25 Thursday 03

17/10/25 Friday 03

18/10/25 Saturday 10

Total Patients : 45

Next Camp Planned

Host: Muhammad Amin sb

Location : Masjid Molvi Sultan Wali Near Manzoorabad

Duration :* 20 October to 25 October 2025

Medical Camp Held

Duration: 20 October 2025 to 25 October 2025

Location : Masjid Molvi Sultan wali near Manzoorabad

Host : Muhammad Amin Sb

Clientale

20/10/25 Monday 26

21/10/25 Tuesday 23

22/10/25 Wednesday 37

23/10/25 Thursday 32

24/10/25 Friday 12

25/10/25 Saturday 25

Total Patients : 155

Next Camp Planned

Host: Hafiz Nasir Joiya

Location : Manzoor Colony

Duration :* 27 October to 01 November 2025

Medical Camp Held

Duration: 27 October 2025 to 01 November 2025

Location : Manzoor Colony

Host : Hafiz Nasir Joiya

Clientale

27/10/25 Monday 66

28/10/25 Tuesday 47

29/10/25 Wednesday 65

30/10/25 Thursday 40

31/10/25 Friday 30

01/11/25 Saturday 80

Total Patients : 328

Next Camp Planned

Host: Haji Abdul Jabbar

Location : Bilal Nagar

Duration :* 3 November to 8 November 2025

APWA Report for the Month of November 2025

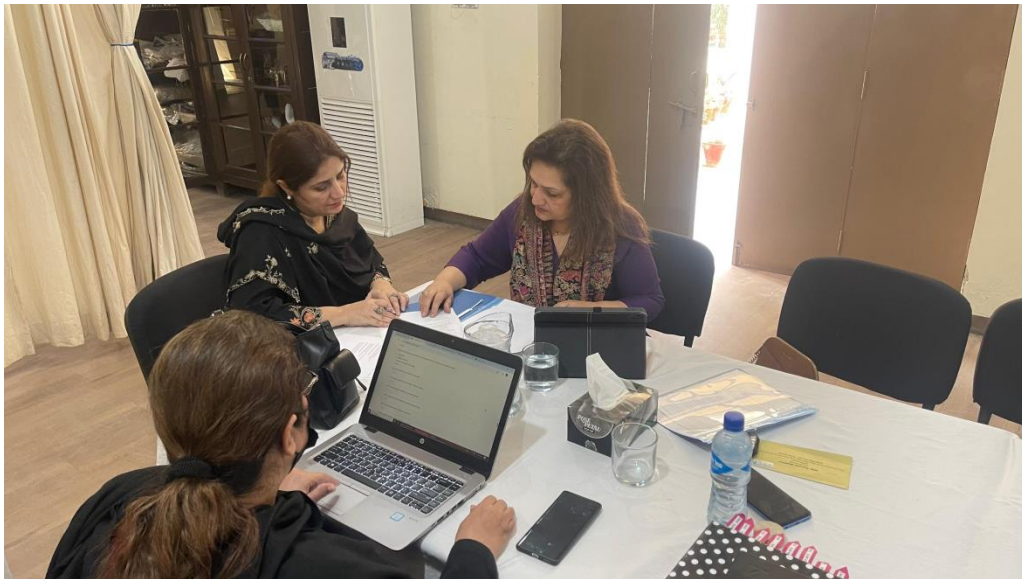
Outline for the Activities

- 1) APWA Multan and GEN Meeting**
- 2) MOU Signing with GEN Pakistan**
- 3) Awareness Session at Women University Multan**
- 4) Harassment Against Women**

S.no	Name of Event	Date	Students/ Attendees	Duration
1	APWA Multan and GEN Meeting	26 Nov	5	2 hours
2	Awareness Session at Women University Multan	26 November	25	1 hour
3	Harassment Against Women Session	29 Nov`	50	4 hours
4	MOU Signing with GEN Pakistan	29 November	40	5 hours

APWA Multan and GEN Pakistan Meeting

A pivotal meeting took place between APWA Multan and GEN Pakistan, paving the way for a landmark collaboration. The meeting culminated in a consensus to sign a Memorandum of Understanding (MoU) between the two esteemed organizations. The proposed MoU outlines a joint commitment to fostering women entrepreneurship and empowerment, with a focus on driving impactful initiatives and projects. Key points of the MoU were meticulously finalized during the meeting, setting the stage for a fruitful partnership. This synergy is expected to yield meaningful outcomes, bolstering the cause of women's empowerment and entrepreneurship in the region.





Awareness Session at WUM

A thought-provoking awareness session was organized at Women University Multan (WUM) through a collaborative effort between APWA Multan and GEN Pakistan. The session featured Ms. Masooma Sibtain as the keynote speaker, who shed light on the tireless efforts of GEN and APWA in promoting women and girls' empowerment. She encouraged the students to join forces with APWA and GEN Pakistan, extending an invitation for future collaborations and collective endeavors. Her inspiring words resonated with the audience, sparking a sense of purpose and unity among the attendees.





Harassment Against Women

APWA Multan organized a pivotal session focused on addressing harassment against women, culminating in a solidarity walk with the powerful slogan "Bawaqar Aurat, Pur waqar Moashra" (Respectful Woman, Respectful Society). The event drew a diverse group of ladies from Multan, who collectively raised their voices against harassment and advocated for a respectful and dignified society. The initiative underscored the importance of creating a safe and supportive environment for women, promoting a culture of respect and zero tolerance for harassment.





MOU Signing between APWA and GEN Pakistan

A Memorandum of Understanding (MoU) was signed between the Association for Pakistan Women Action (APWA) and GEN Pakistan, marking a significant milestone in their collaborative efforts. This partnership aims to empower women and promote joint initiatives, focusing on shared goals and objectives. Through this collaboration, APWA and GEN Pakistan will work together to create meaningful impact and drive positive change. Ms Farah Faisal Vice Chairperson APWA and Ms Massooma Sibtain from GEN signed the documents.



APWA Ambulance/ Medical Camp Report

Medical Camp Held

Duration: 03 November 2025 to 08 November 2025

Location : Bilal Nager

Host : Haji Jabar shb

Clientale

03/11/25 Monday 38

04/11/25 Tuesday 60

05/11/25 Wednesday 66

06/11/25 Thursday 51

07/11/25 Friday 36

08/11/25 Saturday 44

Total Patients : 295

Next Camp Planned

Host: Shiek Sadiq shb

Location : Garass Mandi

Duration :* 10 November to 15 November 2025

Medical Camp Held

Duration: 10 November 2025 to 15 November 2025

Location : Grass Mandi

Host : Sheikh Sadiq shb

Clientale

10/11/25 Monday 52
11/11/25 Tuesday 100
12/11/25 Wednesday 112
13/11/25 Thursday 95
14/11/25 Friday 68
15/11/25 Saturday 110

Total Patients : 537

Next Camp Planned

Host: Haji Ramzan shb. Ex counselor

Location : Bewa Colony

Duration : 17 November to 22 November 2025

Medical Camp Held

Duration: 17 November 2025 to 22 November 2025

Location : Bewa Colony

Host : Haji Ramzan shb Ex councilar

Clientale

17/11/25 Monday 19
18/11/25 Tuesday 18
19/11/25 Wednesday 10
20/11/25 Thursday 6
21/11/25 Friday 2
22/11/25 Saturday 3

Total Patients : 60

Next Camp Planned

Host: Irfan Ansari Shb

Location : iqbal Nager

Duration : 24 November to 29 November 2025

Medical Camp Held

Duration: 24 November 2025 to 29 November 2025

Location : Iqbal Nagar

Host : Irfan Ansari Sb

Clientale

24/11/25 Monday 13

25/11/25 Tuesday 38

26/11/25 Wednesday 45

27/11/25 Thursday 31

28/11/25 Friday 10

29/11/25 Saturday 30

Total Patients : 167

Next Camp Planned

Host: Asad Raza sb

Location : Faizan e Madina Mudarsa Shah Rukn e Alam Multan

Duration : 01 December to 03 December 2025

APWA Report for the Month of December 2025

Outline for the Activities

- 1) Commencement of Spoken English Class**
- 2) Local Exhibition**
- 3) Exhibition at Karachi SAARC**

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Commencement of Spoken English Class	26 November	30	2 hours
2	Local Exhibition	7 December	Crowd	10am – 4 pm
3	Exhibition at Karachi SAARC	13 December	Crowd	10 am – 8pm
4	APWA Mobile Ambulance	Fridays	600	9am – 1pm

Commencement of Spoken English Class at WUM

APWA Multan has launched a specialized session tailored for the students of Women University Multan (WUM), reflecting its commitment to empowering young minds. In collaboration with WUM, APWA has set up a registration desk on campus, providing students with a seamless admission process. The program boasts a comprehensive 3-month duration, with engaging classes scheduled twice a week, offering ample opportunities for students to enhance their skills and knowledge.

The inaugural class was a resounding success, with a total of 32 enthusiastic students joining the session on the first day!



Local Exhibition

APWA Handicrafts Sale Report.

APWA Multan had a stall at a local exhibition in Multan, and it was a fantastic experience! The visitors were really impressed with APWA's products, and we received great feedback. Many of them appreciated the quality and uniqueness of our items, and we ended up making some great sales. The event was well-attended, and APWA is grateful to everyone who took the time to stop by and support us. Overall, it was a successful event, and we're looking forward to the next one!

Sold Items :

- | | |
|---------------------|---|
| 1. Dining Sets | 5 |
| 2. T-Cozy Sets | 6 |
| 3. Roti Basket | 2 |
| 4. Runner Seprate | 1 |
| 5. Napkins Set | 1 |
| 6. Tray Cover Set | 1 |
| 7. Trolly Mats Sets | 1 |



Karachi Exhibition SAAC

APWA Handicrafts Sale Report

Ma'am Farah Faisal took the initiative to book a stall for APWA Handicraft at the SAAC exhibition in Karachi, covering the expenses herself, and it paid off big time! The event attracted a diverse crowd from all walks of life, and they absolutely loved the local and traditional crafts showcased by our institute. It was amazing to see people appreciating our work, and we even got some international attention - foreigners visited the stall and were thrilled to take some of our pieces back with them. The feedback was overwhelming, and it was clear that APWA's traditional crafts are making a mark!

Sold Items :

1. Dining Sets	9
2. T-Cozy Sets	13
3. Roti Baskets	3
4. Runner Seprate	1
5. Cushion Set	1
6. Trolly Mats Set	11





APWA Ambulance Report

Medical Camp Held

Duration: 04 December 2025 to 06 December 2025

Host : Mukhtar Mara

Location : Ghous Pora

Clientale

04/12/25 Thursday 26

05/12/25 Friday 35

06/12/25 Saturday 36

Total Patients : 97

Next Camp Planned

Host: Syed Hussan Raza

Location : Darbar Ali Akbar Soraj Miani

Duration : 08 December to 13 December 2025

Medical Camp Held

Duration: 08 December 2025 to 13 December 2025

Host : Syed Hasan Raza shah

Location : Darbar Sultan Akber Ali Shah

Suraj Meyani

Clientale

08/12/25 Monday 108

09/12/25 Tuesday 97

10/12/25 Wednesday 88

11/12/25 Thursday 61

12/12/25 Friday 41

13/12/25 Saturday 53

Total Patients : 448

Next Camp Planned

Host: Syed Mufti Suleman Abdullah sb

Location : Baghban Pura Nawa Shar

Duration : 15 December to 20 December 2025

Medical Camp Held

Duration: 15 December 2025 to 20 December 2025

Host : Syed Mufti Salman Abdullah Sb

Location : Baghban Pura Nawa Shehr

Clientale

15/12/25 Monday 11

16/12/25 Tuesday 11

17/12/25 Wednesday 23

18/12/25 Thursday 31

19/12/25 Friday 18

20/12/25 Saturday 25

Total Patients : 119

Next Camp Planned

Host: Maqbool Bukhari sb X Nazim

Location : Kachi Abadi Near Sunehri Masjid Chungi no 1 Nishtar Road

Duration : 22 December to 27 December 2025