



ALL PAKISTAN WOMEN ASSOCIATION

MULTAN CHAPTER – *Annual Progress Report 2024*



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ACTIVITIES – JANUARY 2024

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Donation of wheel Chairs to Social Welfare Department	10 Jan 2024	50 plus	2 hours
2	APWA Mobile Dispensary	Fridays	30 plus	4 hours
3	Participated in Radio Program to promote APWA	Jan 2024	4-6	3 hours

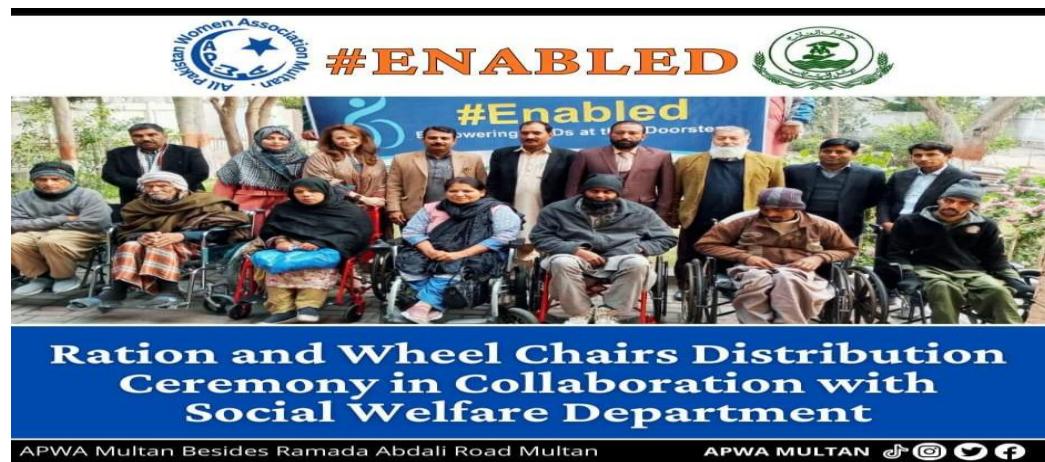
1. Donation of wheel Chairs to Social Welfare Department

- Date: Jan 24
- Duration: 2 hours
- Venue: Social Welfare Dept.
- Location: MDA Complex MDA Road Chowk

Wheel Chairs and Dry Ration Bags were distributed in a ceremony to the PWDs with the support of APWA, SSP and Roshni Welfare organization through the Social Welfare Department.



Mr Faizan Riaz ADC (R) Multan and Mr. Naeem Ahmad Director SW Multan graced the events. Mr. Nasir Hussain Manager Sanatzar and Nand Lal SWO Affiat Participated and Mr. Iqbal SWO organized the event.



A group photo of people, including several individuals in wheelchairs, standing in front of a banner that reads '#Enabled' and 'Powering Lives at the Doorstep'. The banner also features the 'APWA' logo and the text 'Ration and Wheel Chairs Distribution Ceremony in Collaboration with Social Welfare Department'.

Ration and Wheel Chairs Distribution Ceremony in Collaboration with Social Welfare Department

APWA Multan Besides Ramada Abdali Road Multan APWA MULTAN

2. APWA Mobile Dispensary

- Date: Jan 24
- Duration: 6 hours
- Venue: APWA Premises
- Location: APWA Besides Ramada Abdali Road Multan

A Mobile Dispensary was set up every Friday at APWA premises to provide free services to the Masses. Doctors and Lady Doctors examined the patients and prescribed medicines for them.



3. Participation in a Radio Program to promote APWA

Ms Tahira Najam and Ms Nadia Waseem participated in a Radio Programs

The host of the program was Ms Nasreen Fareed. They discussed the progress made at APWA by empowering women and also discussed the upcoming events and planning of the association with listeners.





ACTIVITIES – FEBRUARY 2024

S.no	Name of Event	Date	Students/ Attendees	Duration
1	APWA Handicraft Stall in Blue Fair	11-12 Feb 2024	200plus	2 Days
2	Delegations visit --- Rabia Javeri and Neelofer Bakhtiar at APWA	12 Feb 2024	30	2 hours
3	75 th Founders Day of APWA Punjab	26 Feb 2024	300plus	4 hours
4	APWA Mobile Dispensary	26 Feb – 2 Mar	318	8 Days

1. APWA Handicraft Stall in Blue Fair

- Date: 11 – 12 Feb 24
- Duration: Whole Day
- Venue: Railway Club
- Location: Railway Club Near Near KFC Multan

APWA participated in Blue Fair Exhibition on the 11 th and 12th February 2024 by putting up a stall on which handicrafts made by women/students were displayed. The handicraft was appreciated by people who visited in the exhibition.



2. Delegations Visit to APWA

- Date: 12 February 24
- Duration: 2 hours



- Venue: APWA Hall
- Location: APWA Besides Ramada Abdali Road Multan

A delegation comprising of esteemed members Ms Neelofer Bakhtiar Pakistan Commission for the States of Women and Ms Rabia Javeri Agha National Commission on Human Rights visited APWA Multan on 12 February 2024. The purpose of the visit was to evaluate the accomplishments of APWA Multan towards women empowerment.

The event was graced with the presence of Begum Mrs Farrukh Mukhtar, Chairperson APWA Multan along with special guests including Mrs Fiza Ahmed, Mrs Fatima Fazal, Mrs Mahnaz Amir, Mrs Shireen and Mrs Zarmina Hassan.

The success of the event was largely attributed to the guidance provided by Mrs Nazia Yasir, General Secretary of APWA Multan and the dedicated efforts of the executive members of the APWA.



During the visit, the delegation engaged with students across various classes, including Stitching, English Language, Beautician, Computer, and Self-Grooming. They interacted with students, gathering positive feedback and inspiring them to pursue their educational endeavors with determination.



APWA Multan



The event was graced by the presence of Begum Mrs. Farrukh Mukhtar, Chairperson of APWA Multan, and Mrs. Farah Faisal, Vice Chairperson of APWA Multan, alongside special guests including Mrs. Fiza Ahmed, Mrs. Fatima Fazal, Mrs. Mehnaz Aamir, Mrs. Sheeren, and Mrs. Zarmina Hassan.



The success of the event was largely attributed to the guidance provided by Mrs. Nazia Yasir, General Secretary of APWA Multan and the dedicated efforts of the Executive Members of APWA.

The delegation praised APWA's relentless efforts in empowering women in Multan. They commended the organization for its significant achievements and encouraged APWA to continue its support for the women of Multan, ensuring their empowerment and well-being.

APWA Multan





3. 75th Founders Day of APWA Punjab

APWA Multan was invited by APWA Lahore at the event 75th Founders Day of APWA Punjab. Participants from Multan were Ms Farah Faisal, Ms Nazia Khan, Ms Tehmina Munir and Teacher Laila.

Awards were distributed in this event.

Ms Farrukh Mukhtar was presented with the Award of Honour, Ms Nazia Khan with Best Performance as a General Secretary and Ms Laila was also presented with a shield for her services towards APWA.





ACTIVITIES – MARCH 2024

S.no	Name of Event	Date	Students/Attendees	Duration
1	Driving Class Commencement	5 March 2024	16	2 hours
2	Women's Day	8 March 2024	100+	4 hours
3	World Oral Health Day	20 March 2024	80+	3 hours
4	APWA Mobile Dispensary	4 Mar– 30 Mar	1,025	23 Days

1. Driving Class in Collaboration with Motorway Police

- Date: 5 March 24
- Duration: 2 hours
- Venue: APWA Hall
- Location: APWA Besides Ramada Abdali Road Multan

Number of Participants: 16

Second Batch of Driving class was started at APWA Multan in collaboration with Punjab Highway and Motorway Police. There were 8 students enthusiastic to learn driving and be confident enough.

اپاء ملتان میں موٹروے اور ملتان پولیس کے تعاون سے ڈرائیورنگ کلاسز کا اجراء

ملتان (کامرس روپورٹ) اپاء ملتان میں موڑ وے اور ملتان پولیس کے تعاون سے ڈرائیورنگ کلاسز کا اجراء ڈیوبھی دیا گیا۔ اس سلسلہ میں آں پاکستان و مون ایسوی ایش ملتان کے مرکز اپاء نواں شہر میں چیئر پر سن اپاء مسز فرخ محتر اور واس چیئر پر سن مسز فرح قیصل کے ویژن با احتیار خواتین کے تخت و نیکر کورس کے ساتھ ساتھ خاتین کو ڈرائیورنگ میں مہارتیں اور ہمدردی بنانے کے لیے موڑ وے پولیس کے تعاون سے ڈرائیورنگ کلاسز کا اجراء کیا گیا ہے۔





2. Women's Day and Empowerment Conference in Collaboration with UNDP, WCCIM, Homenet Pakistan, Norwegian Embassy Islamabad

- Date: 8 March 24
- Duration: 4 hours
- Venue: APWA Hall
- Location: APWA Besides Ramada Abdali Road Multan

Number of Participants: 100

In collaboration with UNDP and the WCCIM we joined hands to advocate for gender equality and women's empowerment and celebrated the strength, resilience and achievements of International women!

Dignitaries who were present there were:

- 1) Chairperson APWA Ms Farrukh Mukhtar
- 2) Commissioner Multan Ms Maryam Khan'
- 3) Ms Rabia Javery Agha UNDP Chairperson
- 4) Ms Nabila DS Railways
- 5) Executive Members APWA
- 6) Women from different walks of life





‘Women’s role crucial for country’s socio-economic uplift’



Women Chamber and Chairperson APWA Begum Farrukh Mukhtar, Begum Farah Faisal, General Secretary Apwa Nazia Khan, Head of Women Chamber Minaz Aunir Sheikh, Deputy Director Information Iram Saleemi, SHO Police Station Kotwali Shabana Saif and other women were present.

Commerce Mehrun Aamir Sheikh, Fatima Fazal, Tahira Najam, Tehmina Minir, Nadia Wasim, Riffat, Sadaf, Hina Chughtai, Yasmeen Bukhari, Miss Humaira, Shazia Principal PAWA Mrs. Ahdia, SHO Shabana, Nasreen Farseed, Mehrik Butt and other home based women workers participated in large numbers.

MULTAN: Commissioner Multan Division Maryam Khan participated in the event organized by All Pakistani Women's Association and said that the role and number of women in Pakistan is increasing in every field including decision making and we are achieving priority in the fields, it is indispensable to provide equal opportunities and favorable environment to women for comprehensive social and economic development. Women's equal rights and inclusion in the economic system is actually the guarantee of a successful Pakistan. On this occasion, DSO Railways Sabila Aslam, Chairperson National Human Rights Commission Rabia Hajveri, Pattern Inchief in APWA Multan, a large number of home based workers, including Commissioner Muhan, paid tribute to women and emphasized on women's protection and economic independence. In this regard, All Pakistani Women's Association Apwa Multan Center Nawaz Shah held a function in connection with International Women's Day. On this occasion, National Commission for Human Rights Islamabad Chairperson Rabia Hajveri Agha, Commissioner Multan Division Maryam Khan, DPO Railway, Nabeeba Aslam, Representative of UN Islamabad Muhammad Zafarullah, Chairperson of Apwa Mrs. Farzali Mukhtar, Vice Chairperson Farah Faisat, General Secretary Apwa Nazia Khan, President Women Chamber of

Commissioner Sultan Division Maryam Khan said that today we can overcome our problems by making women economically stronger. Here, the family system will be strengthened, she said that women need to be aware of their rights and economic security is the need of the hour. Apna Women's Chamber is playing its role to make women strong and stable, the results are coming. Various courses are being held in Apna Multan. The women of South Punjab are hardworking and talented, you don't see such women in the whole of Pakistan, they are conducting calligraphy courses so that our women become independent and solve their economic and social problems by themselves and in this regard we are grateful to



Begum Farrukh Mukhtar and Mukhtar A. Sheikh Trust. Women are doing good work and supporting their development in all possible ways. Miss Humira, Mehek Butt said that they have to unite and come together to protect home based women workers and they must be aware of their rights. "Mera Hanari Meri Pehchan" women should adopt this slogan. Muhammad Zulqarif of UNDP said that APWA, Chamber is doing good work for women, it is necessary to give them a good environment to move forward. On this occasion, Begum Farrukh Mukhtar also distributed commemorative shields among the female guests. **Staff Reporter**

خاتمیں کو معاشری طور پر مضبوطنا کر مسائل حل کئے جاسکتے: بلطف جو ہری





3. World Oral Health Day 20 March 2024

- Date: 20 March 24
- Duration: 3 hours
- Venue: APWA Hall
- Location: APWA Besides Ramada Abdali Road Multan

Number of Participants: 100plus

In commencement of World Oral Health Day, APWA Multan organized a vibrant seminar and free dental camp, drawing in a fantastic turnout of women and students. It was indeed a day filled with enlightenment and empowerment.

Assistant Professor and Head of Department at Nishtar Hospital Multan Dr Mohammad Rauf took the stage to enlighten us about the significance of gum health and preventive measures against oral diseases. The audience was actively engaged with the team. A question answer session was also held at the end.







ACTIVITIES – APRIL 2024

S.no	Name of Event	Date	Students/Attendees	Duration
1	Eid Milan and Musical Evening	22 April 2024	300plus	4 hours
2	Commencement of New Classes – Beautician & Fashion Designing	15 April 2024	12 17	2hrs
3	3 rd Batch of Driving Class	29 April 2024	20	2 hours
4	APWA Mobile Dispensary	1 April – 30 April	1239	23 Days

1. Eid Milan and Musical Evening

- Date: 22 April 24
- Duration: 3 hours
- Venue: Zainab Hall
- Location: Ramada Abdali Road Multan

APWA Multan celebrated Eid and One year of achievements on 22 April 2024.

The event was graced with the presence of Ms Seema Zahid Chairperson APWA, Ms DurShehwar Treasurer APWA, Mrs Fadia Kashif, CEO Taray Zameen pr Trust, Mrs Farah Faisal Vice Chairperson APWA, Commissioner Multan Ms Maryam Khan, DC Ms Seemal Zahid and friends and students of APWA.

Ms Nazia Khan presented the report of APWA and highlighted the achievement of APWA in the previous year.

Nancy Angelina rocked the stage with her singing and entertained the guests. The event ended with delicious and sumptuous dinner arranged at Ramada.



BusinessNews
Wednesday, April 24, 2024

Commissioner lauds APWA's services for women

MULTAN: On the completion of one year of APWA Multan, the Eid Milen ceremony was held. Commissioner Multan Maryam Khan, along with Apwa Lahore Chairperson Seema Zahid and Dure Shahwar, Deputy Commissioner railway Nabil Khan, SSP city Huma Naseeb with other members and women social leaders in a large numbers participated. Maryam Khan paid tribute to Apwa members including Begum Farrukh Mukhtar and Farah Faisal for their services to empower the women of Apwa Multan and said that Apwa is enabling girls to make their own source in the economic field by teaching them various skills, also play a role which is appreciable. She assured that we are with Apwa Multan and will guide and support them step by step. We will continue their full support so that the girls of South Punjab can become skillful and realize the dream of poverty reduction and women's independence. They are also promoting equality, providing facilities to girls through education and skills and enabling them to enter their practical life with independence. Thousands of girls have benefited from Apwa Multan in different departments in a year. Farah Faisal, Nazia yasir, Tahira Najam, Joint General Secretary Tahmina Munir, Principal Apwa Abida also addressed the ceremony, while at the end of the ceremony, the Nancy Angelina performed her art in the event. Hania Mansoor, Shamaila Mirza, Nasreen Fareed, Rabia Shahzad, Hina Chughtai and hundreds of other women participated. —Staff Reporter

بِلَاتِنَافَانَہ

۱۵ خرداد ۱۴۴۵ھ ۱۲ مئی ۲۰۲۴ء





2. Commencement of New Classes for Beautician and Fashion Designing.

- Date: 15 April 24
- Duration: 2 hours
- Venue: APWA Premises
- Location: APWA Besides Ramada Abdali Road Multan

New Batch of Classes commenced on 15th April.

We started this new class with almost 17 new students in Fashion Designing section and 12 Students in Beauty Parlor Section.







3. Commencement of 3rd Batch of Driving Class

- Date: 29 April 24
- Duration: 2 hours
- Venue: APWA Hall
- Location: APWA Besides Ramada Abdali Road Multan

3rd Batch of driving class was launched at APWA. This program is designed to empower women with the skills and confidence to drive safely and independently. Students learnt fundamentals of driving, traffic, rules, and safety protocols from experienced instructors.

The course also includes hands on practice sessions to help them become comfortable behind the wheel. This course was done in collaboration with Motorway and highway police.





ACTIVITIES – MAY 2024

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Celebration of May Day	1 May 2024	80 plus	3 hours
2	Training Workshop for Menicure and Pedicure	6 – 7 May	50 plus	6 hours
3	Commencement of Yoga Class	15 May	7	2 hours
4	Commencement of Computer Class	15 May	6	2 hours
5	APWA Mobile Dispensary	Fridays	1500 plus	6 hours

1. Celebration of May Day

- Date: 1 May 2024
- Duration: 3 hours
- Venue: APWA Hall
- Location: APWA Besides Ramada Abdali Road Multan

We celebrated May Day with special focus on honoring our dedicated labor women. To show our appreciation for their hard work and contributions, we invited them to a grand event dedicated to their achievements.

The celebration began with a warm welcome and heartfelt tribute to women acknowledging their invaluable roles in our society. Kids from a Govt. School presented a tableau on the significance of labor work.

The executive members of APWA paid tribute to these ladies in their beautiful and motivational speeches.

A lavish lunch was organized by MS Tehmina Munir and other executive members.

As a token of appreciation gifts were distributed by all executive members and to recognize and appreciate the work force labor and also to depict unity.



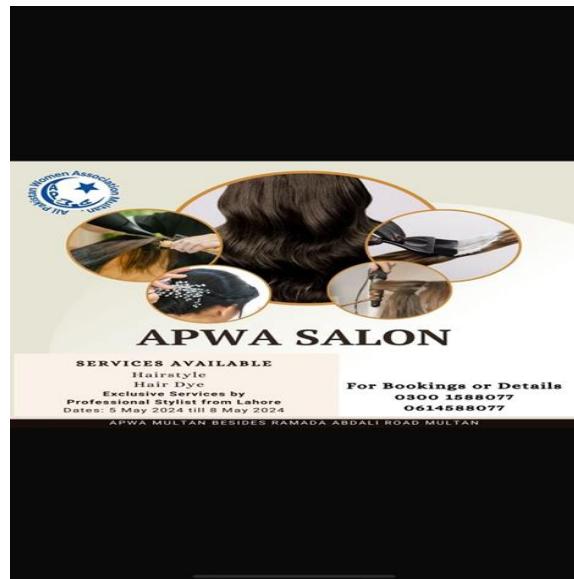
ملتان۔ اپنے ملٹان کے زیر انتظام عالمی یوم مزدور کی تقریب سے نازیہ یا سر، تہمینہ منیر، طاہرہ محمد، نادیہ و سیم، نسرین فرید، یامین بخاری، رفتت صدف، عائشہ غازی، فرج رحمن اور محمد اقبال خطاب کر رہے ہیں دوسری جانب ریلی نکالی جا رہی ہے



2. Training Workshop for Manicure and Pedicure

- Date: 6 – 7 May 24
- Duration: 11am – 5pm
- Venue: APWA Beauty Salon
- Location: APWA Besides Ramada Abdali Road Multan

A training workshop was offered for our students by some experts from Lahore. Nabeel a worker of Nabeela's Salon came to train our girls. Numerous appointments were taken by the Friends of APWA. All of them were satisfied by the services provided by APWA Salon and Beauty Parlour.





3. Commencement of Yoga Class

- Date: 15 May 24
- Duration: 1 hour
- Venue: APWA Hall
- Location: APWA Besides Ramada Abdali Road Multan

Yoga Class started on 15 th of May 2024 with 5 students enrolled. But 10-15 more are committed who are going to join the class soon.



4. Commencement of Computer Class

- Date: 15 May 24
- Duration: 2 hours
- Venue: APWA Computer Lab.
- Location: APWA Besides Ramada Abdali Road Multan

Computer Course “Tech-Savvy” started on 15 th May 2024 based on “**how to earn online**”. This course comprised of skills related to Digital Marketing, Web site designing, SEO, Word press etc.

We started the class with 10 students. Out of these 10 students 3 are online students and 7 physically come to attend the class. Online students are given a link of Zoom meeting to attend. Screen is shared and students learn by sitting at their own homes.



5. Visit to different Schools and Colleges to advertise APWA courses

- Date: Last two weeks of May
- Duration: An hour in each institute
- Venue: City College, Aspire College, Post Graduate College, Nishat College, Rise College, Govt. School for Girls Rahimabad
- Location: Gulgasht, shamsaabad, By Pass Chowk,

Different Executive Members of APWA including Ms Nazia Khan, Ms Tehmina Munir, Ms Tahira Najam, Ms Riffat Sadaf, Ms Ayesha Ghazia and Ms Abida Ashfaq visited different colleges and schools to Motivate girls to get admissions in APWA courses. Everyone got a wonderful response from the girls. Girls vowed to come to APWA to get admissions as soon as their vacation starts.







ACTIVITIES – JUNE 2024

Outline for the Activities

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Certificate Distribution Ceremony	4 June 2024	80	1 hour
2	Commencement of Summer Internship program	24 June 2024	25	4 hours
3	APWA Mobile Dispensary	Fridays	50 plus	6 hours

1. Certificate Distribution Ceremony

- Date: 4 June
- Duration: 2 hours
- Venue: APWA Main Hall
- Location: APWA – Abdali Road Multan

A Certificate Distribution Ceremony was arranged on 4 June 2024. Certificates were distributed to Beautician Class and Driving Class students by Ma'am Farah Faisal, Ms Nazia Khan, Ms Tehmina Munir, Tahira Najam, Sadia Ali, and others.







2. Commencement of Summer Internship program

- **Date: 24 June**
- **Duration: 4 hours**
- **Venue: APWA Main Hall**
- **Location: APWA – Abdali Road Multan**

APWA Multan planned Summer Internship Program for O and A level students in collaboration with MASH, Spring Hospital, PC Romanza, and ABL.

In this course different subjects and related activities were offered. Nutrition, Psychology, Life Skill Activities including, Banking, English Language, Health and Safety Management, Rescue 1122, Driving rules and regulations etc.

Visits were also arranged for students according to the requirement of different sessions.

Students visited MASH, Spring Hospital, Romanza by PC, Old Age Home and Head Office of Allied Bank Limited.











ACTIVITIES – JULY 2024

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Commencement of 4 th Batch of Driving	1 st July	15	2 hours
2	Commencement of Beautician Class	1 st July	5	2 hours
3	Ongoing Computer Class	July	25	2 hours
4	Ongoing Stitching Class	July	28	3 hours
5	APWA Mobile Dispensary	Fridays	1000 plus	6 hours

1. Commencement of 4th Batch of Driving

- Date: 1st July
- Duration: 2 hours
- Venue: APWA Main Hall
- Location: APWA – Abdali Road Multan

APWA started their 4th batch of driving classes on July 1st, 2024. It is a fantastic initiative to empower women and promote independence. Learning to drive can be a life-changing skill, providing women with greater freedom, mobility, and access to opportunities. It's wonderful to see organizations like APWA supporting women's empowerment through such programs. Keep up the great work!

This program is designed to empower women with the skills and confidence to drive safely and independently. Students learnt fundamentals of driving, traffic, rules, safety protocols from experienced instructors. The course also includes hands on practice sessions to help them become comfortable behind the wheel. This course was done in collaboration with Motorway police.







2. Commencement of Beautician Class

- Date: 1st July
- Duration: 2 hours
- Venue: APWA Salon
- Location: APWA – Abdali Road Multan

Beautician class was launched on 1st of July 2024 dedicated to empowering women to take control of their financial freedom. This comprehensive training program is designed to equip women with the skills and knowledge needed to become professional beauticians, enabling them to earn a steady income and support themselves and their families.

By joining our Beautician Class students will gain:

- 1) Expert Training in Beauty Techniques and services
- 2) Hands on practice and experience
- 3) Certification and recognition
- 4) Opportunities for employment of entrepreneurship
- 5) A supportive community of like-minded women





3. Ongoing Computer Class and Stitching class

APWA Skill Development Updates!

The progress of our skill development programs for women!

Computer Course:

Started on May 12th, our computer course is in full swing! Women are learning valuable skills to enhance their employability and digital literacy. The course will conclude on August 15th, and we can't wait to see our participants graduate!

Stitching Course:

Our stitching course, which began on April 15th, has successfully concluded on July 15th! Participants learned various stitching techniques, enabling them to create their own beautiful garments and accessories. We're so proud of their accomplishments!

These courses are designed to empower women with practical skills, boost their confidence, and open doors to new opportunities. We're committed to supporting women's economic and social growth!

ACTIVITIES – AUGUST 2024

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Certificate Distribution Ceremony	7 August	100	4 hours
2	Visit to Rise College	26 August	80	1 ½ hrs
3	APWA Mobile Dispensary	Fridays	1000 plus	6 hours



مئان۔ اپنے ملٹان میں مختلف کورسز کمکمل کرنے والی طالبات کا اسناد حاصل کرنے کے بعد مہمان خ خصوصی مریم رضوان گھسن، ہر سر کاشم پر اچھے ہر یہیں جیلے، ہم انصیب ہم سفرح فیصل، ہاز یہ یا سر، طاہرہ ٹھیم، ڈاکٹر شہلا آفتاب، نادیہ یہیں ہم سر عابدہ اشراق کے ہمراہ گروپ فتو۔

Certificate Distribution Ceremony

- Date: 7 August
- Duration: 4 hours
- Venue: APWA Main Hall
- Location: APWA – Abdali Road Multan

The certificate distribution ceremony was held on August 7th, with Mrs. Maryam Ghumman as the Chief Guest. The certificates were awarded to:

- Internship students
- Computer classes students
- Stitching classes students
- Driving classes students



This highlights the diverse range of skills and training offered by APWA. It's wonderful to see the organization empowering women and individuals in various areas, promoting self-sufficiency and growth. The ceremony was a proud moment for all the students, their families, and the APWA team.



ملتان۔ اپواءِ ملتان میں مختلف کورس مکمل کرنے والی طالبات کا اسناد حاصل کرنے کے بعد مہماں ان خصوصی مریم رضوان گھسن، مسز کلثوم پر اچ، مریم جیلے، مس مریم، مسز فرح فیصل، نازیہ یاسر، طاہرہ بھٹم، ڈاکٹر شہلا آفتاب، نادیہ ویسیم، مسز عابدہ اشfaq اشقاں کے ہمراہ گروپ گوٹو۔

اپواءِ ملتان میں مختلف کورس مکمل ہونے پر تقریب تقسیم اسناد

انگلش بول چال، اسٹچنگ، کمپیوٹر کلاسز اور سمر اسٹرن شپ پروگرام
مکمل کرنے والی طالبات میں اسناد کی تقسیم



جعده المبارک 03 صفر المظفر 1446ھ 26 ستمبر 2024ء

اپا ملتان مختلف کورسز کے زریعے بچیوں کو ہنرمند بنارہا ہے، مسز فرح فیصل

مسنفر خ مختار کی قیادت میں خواتین کو ہنرمندی کے ذریعے با اختیار بنانے کے لیے کوشش ہے، واکس چیسر پرسن اپاوا اپاوا ملتان میں مختلف کورس مکمل ہونے پر قسم استادی کی تقریب حکمکوں کے سربراہان مہماں نوں میں سووینٹر کی قسم

مغل، جزل میکری نازیہ یا سار، میڈی یا پنجھر طاہرہ مختلف کو سرکمل ہونے پر قسم اسناڈ کی تقریب جنم بران ایگر یکٹوٹھی ڈاکٹر شہلا آفتاب، نادیہ پوگرام بھی علمی طور پر شروع ہے مستقبل تقریب میں آن لائیں معاشی سرگرمیوں کے حوالہ سے بھی نوادران پر مختلف ٹکاموں کے سر بر ایاں جہانوں میں سو ٹھیکیں بھی تقریب کئے گئے۔ اس سلسلہ میں کرنے والی طالبات میں اسادا قسم کیں تقریب بچپوں کی تربیت کی جا رہی ہے تاکہ وہ مستقبل سے خطاب کرتے ہوئے واکس چیز پر ان اپا اکل پاکستان و دومن ایسوی ایشیان کے مرکز اپا نوادران شہر ملانیان میں ایک تقریب متعقد ہوئی مسز فرح فیصل، جزل میکری نازیہ یا سارے کہا بھی ریورٹ ایزار میں جا کر خدمات سر انجام دے رہی ہے انہوں نے زور دیا کہ مگر ان اپا کے اپا ملانیان (شاف ریورٹ) اپا ملانیان میں جنم بران ایگر یکٹوٹھی ڈاکٹر شہلا آفتاب، نادیہ پوگرام بھی علمی طور پر شروع ہے مستقبل تقریب میں آن لائیں معاشی سرگرمیوں کے حوالہ سے بھی نوادران پر مختلف ٹکاموں کے سر بر ایاں جہانوں میں سو ٹھیکیں بھی تقریب کئے گئے۔ اس سلسلہ میں کرنے والی طالبات میں اسادا قسم کیں تقریب بچپوں کی تربیت کی جا رہی ہے تاکہ وہ مستقبل سے خطاب کرتے ہوئے واکس چیز پر ان اپا اکل پاکستان و دومن ایسوی ایشیان کے مرکز اپا نوادران شہر ملانیان میں ایک تقریب متعقد ہوئی مسز فرح فیصل، جزل میکری نازیہ یا سارے کہا بھی ریورٹ ایزار میں جا کر خدمات سر انجام دے رہی ہے انہوں نے زور دیا کہ مگر ان اپا کے اپا



کاکا اس اور سر ام ان شپ پر گرام مل مکرے والی طحالیات میں اس نادقیم کی گئیں مہمان خدمتی میں رضوان گھمن، واں چانسلر خواتین اور دیگر سماجی رہنمایی حفاظت اپاوا کے باہم مجبوب طکریں تاکہ شمع سے مزید یعنی روشن رہیں تقریب میں ریکارڈ 1122 ہوڑے پولیس، بکول بیکری ایڈنر بک لیمیٹڈ روڈ ویز پی، پرگن پہنچان، ماش اور اول میں بھی سو ویڈیو قیم کئے گئے۔



APWA Multan



1. Visit To Rise College Multan

A visit was planned to Rise College for the marketing of APWA. The Principal visited the college and talked to the students about the courses offered at APWA.

Students were encouraged to visit and get admission in the courses they are interested.







ACTIVITIES – SEPTEMBER 2024

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Commencement of New Classes	2 nd September	25	2 hours
2	Visit to MUX	September	20	2 hours
	Visit to Post Graduate College	September	30	1 hour
	Visit by our Instructors and Ms Riffat	September	---	---
3	APWA Mobile Dispensary	Fridays	1000 plus	6 hours

1. Commencement of New Classes for Computers, Beautician and Stitching

- Date: 2nd September
- Duration: 2 hours – Each Class
- Venue: In their Respective Rooms
- Location: APWA – Abdali Road Multan
- The new Classes started on 2nd September 2024.
- We had new Jockey Machines and a new Embroidery Machine in our Stitching rooms.
- Computer Lab had now 10 new Computers donated by Dr Sara in Michigan.
- Computer Class has almost more than 14 students.
- Beautician and Stictching class had 5, 5, students in each one.

2. Visit to MUX

- Date: September
- Duration: 2 hours
- Venue: MUX Shamasabad Colony
- Location: APWA – Abdali Road Multan

Ms Tahira Najam and Ms Nazia G. Sec. visited MUX along with the Principal. Principal of MUX wants to sign a MOU between APWA and MUX. So that we should refer students to each other.



3. Visit to Post Graduate College

- Date: September
- Duration: 2 hours
- Venue: Post Graduate College near BISE
- Location: APWA – Abdali Road Multan

The Principal visited Post Graduate, College talked to students about the institute. She told them how we are empowering girls of Multan by teaching them the skills through which they can earn and support their families. Girls were encouraged to join APWA to learn the Skills.

4. Visit by Ms Riffat Sadaf and our Instructors to Federal College and schools, Aviation Schools, Chah Board, Nusrat ul Islam etc for Marketing

- Date: September
- Duration: 2 hours daily
- Venue: Cantt, Chahboard, Dera Adda etc
- Location: APWA – Abdali Road Multan

Our Instructors Ms Sobia, Ms Laila and Ms Lubna visited different schools and colleges and talked to students about the APWA Institute. They told the students how we are empowering girls of Multan by teaching them the skills through which they can earn and support their families. Girls were encouraged to join APWA to learn the Skills.

Mr Nadeem and Mr Waleed also visited some boy's schools and encouraged the boys to send their sisters to learn different skills.



**ACTIVITIES – OCTOBER 2024****Outline for the Activities**

S.no	Name of Event	Date	Students/ Attendees	Duration
1	Signing of MOU with MCB	2 October	100	4 hours
2	Visit of Deputy Director Social Welfare	7 October	80	3 hrs
3	Visit of Jazz Cash Officers	7 October	80	3 hrs
4	Visit of Rohi TV	7 October	80	3 hrs
5	MCB Training at APWA	24 October	130	5-6 hours
6	APWA Mobile Dispensary	Fridays	1000 plus	6 hours

1. Signing of MOU with MCB

- Date: 2nd October
- Duration: 10:30 am – 2:00 pm
- Venue: MCB House
- Location: 15 – Jail Road Lahore

APWA and MCB Strengthen Partnership with MOU Signing

Ms. Nazia, General Secretary of APWA, and Mr. Shoaib Mumtaz, President/CEO of MCB, have signed a Memorandum of Understanding (MOU) aimed at empowering young women through training and employment opportunities.

As part of this agreement, MCB will provide a comprehensive 3-day training program for 25-30 girls from APWA. Following the training, the participants will have the opportunity to complete internships at MCB branches across Multan. Upon completion of their internships, an evaluation will take place, and the most suitable candidates will be offered full-time employment, ensuring a smooth transition into the workforce.

This collaboration represents a significant step forward in our shared commitment to gender equality and youth development. We look forward to a successful partnership and the positive impact it will have on the lives of these young women.



#FINANCIAL FREEDOM FOR HER



MOU SIGNING CEREMONY

APWA MULTAN IS EXCITED TO UNVEIL ITS NEW PARTNERSHIP WITH MCB BANK, FORMALIZED THROUGH THE SIGNING OF A MEMORANDUM OF UNDERSTANDING (MOU). APWA MULTAN IS PROUD TO TAKE THIS IMPORTANT STEP, WHICH WILL HELP CLOSE THE FINANCIAL LITERACY GAP AMONG WOMEN IN OUR SOCIETY AND OPEN NEW DOORS FOR THEIR EMPOWERMENT AND INDEPENDENCE.

MOU SIGNING CEREMONY

#FINANCIAL FREEDOM FOR HER

2. Visit of Deputy Director Social Welfare Dept

- Date: 7 th October
- Duration: 1:00 am – 3:00 pm
- Venue: Main Hall
- Location: APWA – Abdali Road

APWA Welcomes Deputy Director of Social Welfare Department

We were honored to receive a visit from the Deputy Director of the Social Welfare Department at APWA! During her visit, she took the time to tour our facilities and observe our classes, expressing her appreciation for the dedication and hard work of our team.

Following the tour, she met with our General Secretary, Ms. Nazia Khan, and other key team members, including Ms. Tahira Najam, Ms. Tehmina Munir, and Abida Ashfaq. This meeting provided an opportunity for productive discussions and exploration of potential collaborations to further empower women and promote social welfare.

We are grateful for the Deputy Director's interest in our organization and look forward to continuing our partnership with the Social Welfare Department to create positive change in our community."



3. Visit of Jazz Cash Officers

- Date: 7 th October
- Duration: 1:00 am – 3:00 pm
- Venue: Main Hall
- Location: APWA – Abdali Road

APWA Welcomes Jazz Cash Officers

We were pleased to host Ms. Nazia and Ms. Sukheera, representatives from JazzCash, at APWA. During their visit, they toured our facilities, visiting the classrooms and interacting with our students. They expressed their appreciation for the dedication and hard work of our team, recognizing the positive impact of our programs.

Following the tour, they met with our General Secretary, Ms. Nazia Khan, and other key team members, including Ms. Tahira Najam, Ms. Tehmina Munir, and Ms. Abida Ashfaq. The meeting provided a valuable opportunity to discuss potential collaborations aimed at empowering women and promoting financial inclusion.

We look forward to exploring future partnerships that will further support our mission.



We appreciate the support and interest shown by Jazz Cash and look forward to potential partnerships that can enhance our services and create a more inclusive community.

Visit of Rohi TV

- Date: 7 th October
- Duration: 1:00 am – 3:00 pm
- Venue: Main Hall
- Location: APWA – Abdali Road

APWA Welcomes Rohi TV Team

APWA was delighted to host the Producer and Host of Rohi TV at APWA! They met with APWA's executive members, including our Director Social Welfare, Ms. Tehmina, and Ms. Tahira Najam, to discuss our mission and impact.

The Rohi TV team also conducted interviews with some of our students, who shared their personal stories of empowerment and skill-building. Our students enthusiastically explained how APWA's programs have helped them gain confidence, learn new skills, and become more self-sufficient.

We appreciate Rohi TV's interest in showcasing our work and highlighting the positive change we're creating in the lives of women and girls. We look forward to sharing our story with a wider audience and inspiring others to join us in our mission to empower and uplift."



4. Empowered Futures MCB Training at APWA & Culmination Ceremony

- Date: 22 - 24 October
- Duration: 10 am – 2:00 pm
- Venue: APWA Main Hall
- Location: APWA near Ramada Abdali Road

MCB Trained APWA Students

MCB Empowers APWA Students with Training and Job Opportunities

We are thrilled to share that MCB conducted a comprehensive 3-day training program for APWA students, culminating in a ceremony to award certificates and conduct interviews. This milestone marks a significant partnership between MCB and APWA, paving the way for a brighter future for our students.

The interviewed students will be offered internships, followed by permanent jobs at MCB, providing them with a platform to apply their skills and knowledge in a real-world setting. This collaboration is a testament to APWA as well as MCB's commitment to empowering women and contributing to their economic independence.



This landmark event in APWA's history is a proud moment for us, and we are grateful to MCB for their support and trust in our mission. We look forward to many more collaborations that will transform lives and create a lasting impact."







2081 کا 10، 2024، 25، 1446ء 21 جنوری، 2024ء



میان ایجاد میان کی جانب سے سامنہ کریں یعنی میان شپ کے لیے مالکات کی تحریک ہو جائے جنک و کتاب میں اخراج مالک کرنے والی مالکات کا حکم فریغہ
برداشتی تحریکی میان کی جانب سے کیا جائے گا۔ اور میان تحریک کا نام بھی کیا جائے گا۔ میان کی تحریکی میان کا نام بھی کیا جائے گا۔

اپو اخواتین کو خود مختار بنانے کے لیے ہمدرد بنا رہا ہے۔ بیگم فرخ مختار

پاہلے ان کی جانب سے مسلم کرشن بنک میں اٹھن شپ کے لیے طالبات کی تین روزہ بڑی نگہ و رکشاپ اختتام پذیر سرپرست اعلیٰ الپاہ بیگم فرمخ مختار نے طالبات میں سچیکیش قسم کئے



ACTIVITIES – NOVEMBER 2024

S.no	Name of Event	Date	Students/Attendees	Duration
1	APWA's Participation at Sanatzar Exhibition	13 November	100	Whole Day
2	Birthday Celebration of Society Newspaper	14 November	15	2 hrs
3	Visit of Rohi TV	20 November	80	4 hrs
4	Paper Making Workshop	24 November	30	1 hr
5	APWA Mobile Dispensary	Each Friday	1000 plus	6 hours

1. APWA's Participation at Sanatzar Exhibition

APWA recently participated in an exhibition organized by Sanatzar, where they showcased an impressive array of products. The event was graced by Maryam Khan, Commissioner of Multan, who attended as the chief guest.

During her visit, Maryam Khan took the time to appreciate the products displayed by APWA, acknowledging the hard work and dedication that went into creating them. Moreover, she expressed admiration for APWA's efforts in promoting women's and girls' education, recognizing the significant impact this has on empowering individuals and communities ¹.

The exhibition provided a valuable platform for APWA to showcase its initiatives and achievements, while also highlighting the importance of education and economic empowerment for women and girls. By participating in such events, APWA continues to demonstrate its commitment to creating positive change and promoting social welfare.





2. Birthday Celebration of Society Newspaper

The Editor of Society News graced the occasion on 14 Nov. and expressed heartfelt appreciation for APWA's relentless efforts in promoting girls' education and empowering women. The Editor acknowledged APWA's tireless commitment to fostering a spirit of equality, inclusivity, and social upliftment, which resonates deeply with the publication's values.

The birthday celebration served as a testament to the strong bond between APWA and Society News, forged through their shared passion for social welfare and community development. The event provided a platform for APWA to reaffirm its dedication to creating positive change and empowering marginalized communities.

Through this celebration, APWA reinforced its position as a beacon of hope and a champion of social justice, inspiring others to join forces in the pursuit of a more equitable and just society.



3. Visit of Rohi TV Channel

A team from Rohi Channel, comprising producers, hosts, and directors, visited APWA on 20th Nov. to record a special event that showcased the organization's efforts in promoting girls' education. The event was designed to highlight APWA's commitment to empowering young minds and providing them with a supportive learning environment.

The host of the show engaged in an interactive session with the students, soliciting their views and opinions on the education they receive at APWA. The students expressed their gratitude and appreciation for the instructors and administrative team, who work tirelessly to provide them with a well-rounded education.

The students shared their personal experiences, highlighting the positive impact that APWA has had on their lives. They spoke about the opportunities they have received, the skills they have acquired, and the confidence they have gained through their association with APWA.

The event was an excellent opportunity for APWA to showcase its mission and values to a wider audience. By sharing the stories and experiences of its students, APWA aimed to raise awareness about the importance of girls' education and the role that organizations like APWA play in promoting social change.

The recorded event was broadcasted on Rohi Channel, providing APWA with a unique platform to advertise its initiatives and reach out to a larger audience. This media coverage is expected to help APWA attract more supporters, donors, and volunteers, who can contribute to its mission of empowering girls and women through education.



4. Paper Making Workshop

Zahra Omer, a socially conscious student from Beaconhouse School, took the initiative to conduct a workshop for APWA's students on 24 Nov. The workshop focused on teaching the art of recycling newspaper to create new paper, a valuable skill that not only promotes environmental sustainability but also offers a potential source of income.

During the interactive session, Zahra guided the students through the step-by-step process of collecting, sorting, and transforming discarded newspapers into fresh, handmade paper. The students were fascinated by the creative process and enthusiastically participated in the hands-on activity.

As they worked together, Zahra emphasized the importance of reducing waste, conserving natural resources, and promoting eco-friendly practices. She also highlighted the economic benefits of this skill, explaining how the handmade paper could be sold to generate income.

The workshop was a resounding success, with APWA's students displaying a keen interest in learning this innovative technique. By acquiring this skill, they not only gained a creative outlet but also developed a sense of entrepreneurship and self-sufficiency.

Zahra's initiative serves as a shining example of how young individuals can make a positive impact on their community and environment. Her workshop not only empowered APWA's students with a valuable skill but also inspired them to become more environmentally conscious and socially responsible citizens.



ACTIVITIES – DECEMBER 2024

S.no	Name of Event	Date	Students/Attendees	Duration
1	White Elephant Sale	3 rd December	200	Whole Day 3 days
2	APWA signed an MOU with Fit well Hub	3 rd December	100	1 hrs
3	Annual Executive Body Meeting	4 th December	16	4 hrs
4	Certificate Distribution for Driving Class and Visit of Director DHA	10 th December	30	2 hrs
5	Child Protection Workshop	17 th December	40	2 hr
6	APWA Mobile Dispensary	Each Friday	1000 plus	6 hours

1. White Elephant Sale

APWA recently hosted a highly successful White Elephant Sale on 3rd Dec, an innovative initiative conceived and organized by Ms. Tehmina, the Joint General Secretary. This exciting event aimed to provide a unique opportunity for the less fortunate members of the community to acquire high-quality, pre-loved items at remarkably affordable prices.

The sale featured an impressive array of gently used clothing, shoes, handbags, and other essential items, all donated by generous supporters of APWA. The event attracted a large number of enthusiastic shoppers, who eagerly browsed through the extensive collection of pre-loved treasures.

One of the primary objectives of the White Elephant Sale was to make luxury items accessible to those who might not otherwise be able to afford them. By pricing these high-end products at nominal rates, APWA ensured that everyone had an equal opportunity to purchase quality goods, regardless of their financial means.

The event was a resounding success, with numerous shoppers taking advantage of the incredible bargains on offer. The White Elephant Sale not only provided a unique shopping experience but also helped to promote sustainability, reduce waste, and foster a sense of community among the participants.

Ms. Tehmina's initiative and organizational skills were instrumental in making the White Elephant Sale a triumph. Her dedication to APWA's mission and her commitment to creating opportunities for the less fortunate are truly commendable.

2. APWA signed an MOU with Fit well Hub

A landmark Memorandum of Understanding (MOU) was signed between APWA and Fitwell Hub, marking the beginning of a groundbreaking partnership aimed at revolutionizing healthcare



accessibility. This strategic collaboration enables Fitwell Hub to provide comprehensive telehealth services to APWA, bridging the gap in healthcare delivery and benefiting hundreds of patients.

Through this innovative partnership, APWA's beneficiaries will gain seamless access to online prescription and diagnosis facilities, courtesy of Fitwell Hub's cutting-edge telehealth platform. This user-friendly interface will empower patients to consult with experienced healthcare professionals remotely, eliminating geographical barriers and reducing wait times.

The MOU signing ceremony was a significant milestone, symbolizing the shared commitment of APWA and Fitwell Hub to improve healthcare outcomes and enhance the overall well-being of marginalized communities. By harnessing the power of technology, this partnership will increase healthcare accessibility, affordability, and quality, ultimately transforming lives of countless individuals and families.

Key highlights of the MOU include:

- Fitwell Hub will provide APWA with access to its advanced telehealth platform, facilitating online consultations and diagnoses.
- Hundreds of patients will benefit from partnership, receiving timely and quality healthcare services.
- The collaboration aims to address healthcare disparities, promote health equity, and improve overall health outcomes.
- The partnership between APWA and Fitwell Hub serves as a shining example of collaborative social impact, demonstrating how strategic alliances can drive meaningful change and improve the lives of marginalized communities.



3. Annual Executive Body Meeting

An Executive body meeting was held on 4th December 2024. In which APWA's progress was reviewed and next year plan was discussed.

Extensive Discussion on the following topics was held:

- Review of APWA's Progress Report for Last Year



- Discussion on Next Year's Plan
- Target Audience for Events
- Marketing Strategy
- Handicraft Project
- APWA's Requirements and Issues
- Academics (Focus on Admissions and Strength)
- New Project: Online Earning
- Accounts and Finance (Review of Income and Expenses)

Madam Nazia Khan presented a comprehensive review of APWA's activities and achievements during the last year.

The members discussed and finalized the plan for next year (2025). The proposed events and activities include:

- Labor Day (1st May)
- White Elephant Sale (at Labour day)
- Trip (Mid-February)
- Parlor Upgradation (Miss Azra Malik)
- Women's Day
- Summer Internship
- MCB Training
- Weekly 1 Quran Class

Target Audience for Events

It was decided that the target audience for each event will be identified in advance. This will help in inviting the relevant schools, colleges, or community groups to participate in the events.

Marketing Strategy

The importance of effective marketing was emphasized. It was decided to utilize social media platforms and personal connections to promote APWA's events, classes, and programs.

Handicraft Project

The handicraft project was discussed, and it was decided to expand its scope. Dr. Shehla Aftab will supervise the project.

APWA's Requirements and Issues

The following requirements and issues were discussed:



- Acquisition of a generator
- Purchase of a sound system
- Installation of solar panels
- Acquisition of a car for driving classes
- Upgradation of computers in the computer lab
- Acquisition of new computers for the computer lab
- Purchase of chairs for the computer lab and regular student chairs

Academics (Focus on Admissions and Strength)

In addition to the previously discussed academic programs, it was decided to focus on increasing student admissions and strength. This will help in expanding APWA's reach and impact.

New Project: Online Earning

Mr. Arbab Ahsan briefed the executives on an exciting new project focused on online earning. The project aims to assemble a team of APWA students who will collaborate to generate income online. This initiative is designed to benefit both APWA and its students, offering valuable opportunities for growth and success.

Accounts and Finance (Review of Income and Expenses)

Nadeem Ali presented a detailed briefing on the accounts and finance of APWA. The income and expenses of the last year were discussed, and areas with high expenditure were identified. To reduce unnecessary expenses, it was decided that:

- Miss Sadia Ali will work on reducing the wasa bill.
- All members will contribute Rs. 1,000 each per month to cover refreshment expenses.

Conclusion:

The meeting concluded with a discussion on the action items and responsibilities assigned to each member. A lavish dinner was served, and the meeting was adjourned.

Action Items:

- Identify the target audience for each event
- Prepare a detailed marketing strategy
- Expand the handicraft project
- Address APWA's requirements and issues
- Focus on increasing student admissions and strength
- Implement the online earning project



4. Certificate Distribution for Driving Class and Visit of Director DHA

Brig. Rizwan Ghuman, Director DHA, visited APWA on 10 December 2025 and awarded certificates to its driving students. He praised APWA's efforts in empowering women with confidence and financial independence, recognizing the organization's valuable contribution to promoting women's economic inclusion.



5. Child Protection Workshop

APWA recently organized a comprehensive Child Protection Workshop on 17 December specifically designed for its students, with the aim of educating and empowering them on this critical issue. The workshop was facilitated by Haniya Mansoor, who led an engaging and informative session.



Haniya Mansoor, delivered a thought-provoking presentation that highlighted the urgent need for child protection in our society. She emphasized the importance of creating a safe and secure environment for children, where they can thrive and grow without fear of exploitation, abuse, or neglect.

The workshop covered a range of vital topics, including:

- Recognizing the signs and symptoms of child abuse
- Understanding the importance of consent and boundaries
- Learning how to report incidents of child abuse
- Developing healthy relationships and communication skills

By conducting this workshop, APWA demonstrated its commitment to promoting child safety and well-being, while also empowering its students with the knowledge and skills necessary to become advocates for child protection. The session concluded with a renewed sense of responsibility among the students, who left with a deeper understanding of the critical role they can play in creating a safer, more supportive environment.





APWA MOBILE DISPENSARY

“Compassion and Care at Your Doorstep”

The APWA Mobile Dispensary serves as a vital healthcare initiative, delivering essential medical services to underserved communities across Multan city. Equipped with a dedicated team comprising a **Medical Officer, Lady Health Visitor (LHV), and Dispenser**, the mobile dispensary is committed to providing quality healthcare directly at the doorstep of vulnerable populations.

Each medical camp ensures that women, in particular, receive proper medical attention tailored to their specific health needs. The **LHV and Medical Officer** play a crucial role in diagnosing health conditions, offering medical advice, and addressing maternal and child health concerns. Their combined expertise ensures that women benefit from accurate diagnoses, professional counseling, and timely treatments, fostering better health outcomes.

In addition to health consultations, the dispensary conducts basic diagnostic tests, including **random blood sugar and pregnancy tests**, while dispensing prescribed medicines to address immediate health needs. During the year, the APWA Mobile Dispensary organized **52 medical camps**, serving **12906 patients**, effectively promoting preventive and curative healthcare in marginalized communities.

This initiative underscores APWA's commitment to bridging healthcare gaps and empowering women through accessible and professional medical care.







APWA's contribution to SDGs

Introduction: All Pakistan Women Association (APWA) Multan is dedicated to empowering women and supporting communities through a wide range of initiatives. This year, we continued to foster education, healthcare, community welfare, and economic independence while aligning our efforts with the United Nations Sustainable Development Goals (SDGs).

SDG 1: No Poverty

White Elephant Sale & Donations (Wheelchairs and Rations): APWA's White Elephant sale, featuring gently used clothing, shoes, bags, and household goods, provided vital financial support to the underprivileged members of our community. The sale helped raise funds for families in need and also promoted sustainability. Additionally, APWA's philanthropic efforts extended to providing wheelchairs and essential rations, supporting vulnerable families and fostering an inclusive, compassionate community.

SDG 3: Good Health and Well-Being

APWA Ambulance & Health Services: APWA's Ambulance Service continues to serve the underprivileged communities in Multan and its suburbs by providing free consultation and medication every Friday. This initiative ensures that healthcare is accessible to those who would otherwise go without it, improving the well-being of hundreds of individuals in need.

Fit Well Hub: In partnership with Fit Well Hub, APWA introduced telemedicine and virtual consultation services. This collaboration enables timely medical attention, reduces waiting times, and enhances access to healthcare for women in Multan, aligning with our goal of improving public health.

Yoga Classes: APWA also launched Yoga classes to address the need for holistic wellness programs for women in Multan. These classes focus on physical, mental, and emotional



health, offering local women a safe space to prioritize their well-being. This initiative has contributed to the promotion of a healthier, more balanced lifestyle.

SDG 4: Quality Education

Educational Courses: APWA has continued to provide a wide range of courses aimed at empowering women through education. These include:

- **Computer Courses** to equip women with essential digital skills for today's workforce.
- **Fashion Designing** and **Beautician** courses, offering women opportunities for entrepreneurial ventures.
- **Driving** courses, empowering women with the ability to navigate independently.
- **Functional English & IELTS** to enhance language proficiency and enable global opportunities.
- **Cooking** classes, empowering women with practical skills that foster independence.
- **Fine Arts** courses, promoting creativity and self-expression.

These programs are part of APWA's commitment to enhancing the skills of women and girls in Multan, thereby contributing to their social and economic empowerment.

SDG 5: Gender Equality

Seminars and Conferences on Women's Legal Rights: APWA organized several seminars and conferences focused on educating women about their legal rights. These sessions were attended by a lot of women, fostering a deeper understanding of their rights and empowering them to advocate for themselves in various legal matters.

Internships for Women: APWA launched an internship initiative aimed at O and A level, as well as Matric and F.Sc students. The program helps students gain practical skills, strengthens their university applications, and encourages them to contribute meaningfully to their communities. This initiative empowers young women to pursue their professional goals and make impactful contributions to society.

SDG 8: Decent Work and Economic Growth

Training by MCB Lahore: APWA signed an MOU with MCB Bank Lahore, which allowed trainers from the bank to provide valuable professional development sessions to 22 students. As a result, 14 students were offered jobs at MCB. This partnership has not only helped these women secure jobs but also contributed to the broader economic growth of the region by empowering women in the financial sector.

Sales and Exhibitions: APWA actively participated in exhibitions throughout the year, providing a platform for students and artisans to showcase their crafts and products. This initiative promotes local businesses, fosters economic growth, and celebrates the cultural heritage of the region, supporting sustainable livelihoods for local women and artisans.



SDG 16: Peace, Justice, and Strong Institutions

Child Protection Workshop: APWA conducted a highly impactful Child Protection Workshop, educating participants on the importance of safeguarding children's rights and ensuring their well-being. The workshop focused on prevention, awareness, and responsive measures to protect children from harm, promoting a safer and more secure environment for the next generation.